

St. Catherine's Primary School

Principal: Mrs. Bridget Wilders B.Ed. P.G. Dip.Ed. P.O.H

Email: bwilders592@c2kni.net



JUNIOR SITE

Phone: (028) 7138 2272
Fax: (028) 7138 2139

Strabane
Co. Tyrone
BT82 8HT

SENIOR SITE

Phone: (028) 7138 2614
Fax: (028) 7138 2482

Download Our **FREE** School App

St Catherines PS, Strabane



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Follow us on Instagram : St Catherine's Primary School

Monthly Note: Monday 4th March 2024

Check us out on our website: www.stcatherinesps.co.uk



St Patrick's Day Parade



Streetwise are running a section for Schools in the Strabane St Patrick's Day Parade on Sunday 17th March 2024.

Our school will be taking part in this Parade. It will involve groups of children from Year 5 and Year 6. There have been two workshops so the pupils could make a prop as part of the event. These were "craft" style workshops where children had a full morning to create the structure of their prop and then an afternoon to decorate the prop.

These craft activities took place in school on the week beginning 26th February 2024 and are now ready for use by each child! Excitement is building!

The children taking part in the parade should meet our staff first in the ALLEY THEATRE LIBRARY at 12.15pm to get their costume and face paint on. (Parents please drop their children off here). They will be taken from here with staff on a bus to Holy Cross College to meet the other parade members at 1.15pm, the parade will then begin at 2pm from Holy Cross College.

The children will stay in their school groups throughout the event, with each group being led by a designated member of the Streetwise team. The parade will finish at the back of the Alley Theatre at the Canal Basin. This should be approximately 3.00pm.

Further information will be sent out with regards to drop off and collection details in the next week.

Parents may accompany the children as they parade down through the town with a view to collecting them at the back of the Alley Theatre at 3.00pm when it is finished.

We invite everyone in our school family to support this fabulous community event!!

Happy St Patrick's Day to all!!



Prayer of the Month

March :

Dear Jesus

Please help us to be kind,
patient and helpful to
each other during Lent.

Help us to follow
directions the first time
we are asked.

Amen

PATHS Programme in St. Catherine's

(Promoting Alternative Thinking
Strategies)

PATHS Quote of the Month March

Sometimes you have to
struggle to succeed.

Remember you get stronger
and grow through effort,
making mistakes and
trying hard



Prayer idea attributed to Pope Francis. Try this with your children at home during lent.

Pope Francis' five finger prayer guide.

1. The thumb is the closest finger to you. So start praying for those who are closest to you. They are the persons easiest to remember. To pray for our dear ones is a "sweet obligation."

2. The next finger is the index. Pray for those who teach you, instruct you and heal you. They need the support and wisdom to show direction to others. Always keep them in your prayers.

3. The following finger is the tallest. It reminds us of our leaders, the governors and those who have authority. They need God's guidance.

4. The fourth finger is the ring finger. Even that it may surprise you, it is our weakest finger. It should remind us to pray for the weakest, the sick or those plagued by problems. They need your prayers.

5. And finally we have our smallest finger, the smallest of all. Your pinkie should remind you to pray for yourself. When you are done praying for the other four groups, you will be able to see your own needs but in the proper perspective, and also you will be able to pray for your own needs in a better way.

POPE FRANCIS' FIVE FINGER PRAYER

2. The next finger is the index. Pray for those who teach you, instruct you and heal you. They need the support and wisdom to show direction to others. Always keep them in your prayers.

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Several sources say that this "Five Finger Prayer Guide" was written by Cardinal Bergoglio and has been attributed to him long before he became Pope Francis.

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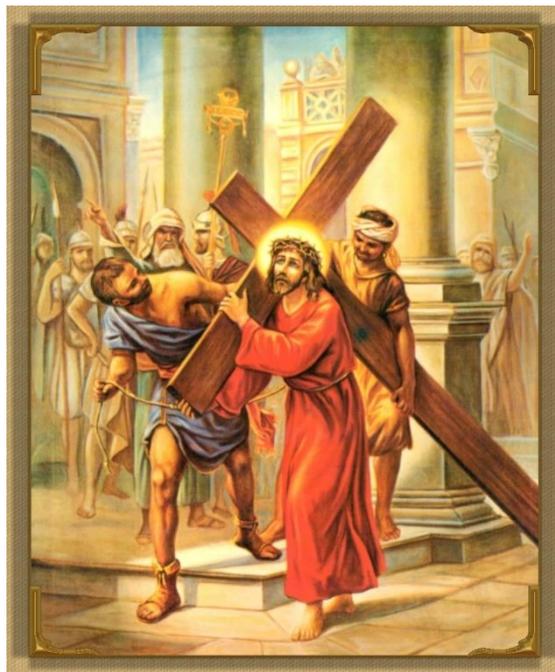


STATIONS OF THE CROSS CEREMONY

The Stations of the Cross will take place on the Junior School, Newtownkennedy Street Site on **Wednesday 27th March at 2.00pm** in the playground (weather permitting). Years 3- 7 children from both sites will take part in the ceremony. **School will finish at 12.45pm on Wednesday 27th March for Nursery children and Years 1 and 2 children.**

Nursery children and years 1 and 2 children are very welcome to attend the Stations. They must be accompanied by an adult. We invite all parents and friends of Saint Catherine's to join us during this special, reverent ceremony.

*All P3-P7 children on both sites will dress like people from Jesus' time. Please send in a big shirt, tea-towel and a tie in a bag with your child's name on it before **Monday 25th March** *



Nursery News

In partnership with the Oral Health Foundation, our Nursery will be involved in a tooth brushing programme aimed at improving the children's dental health. They will have their own special toothbrush which will be kept in the classroom and they will use fluoride toothpaste to clean their teeth. This activity will be supervised by Nursery staff. This programme will not take the place of brushing teeth at home. Further information will be distributed to you this month.

If you have not already sent them, Please bring in a pair of wellies which can be kept for your child to use at Nursery until the end of June. The wellies should be clearly labelled with your child's name. More fun in Nursery!!!

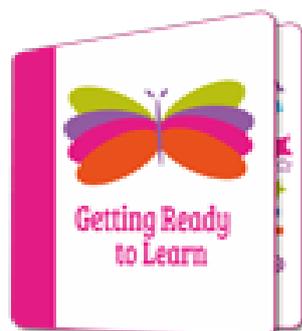


NURSERY: Get Ready to Learn Programme

Please see below details of our upcoming “Getting Ready to Learn” Programme for our parents / pupils in Nursery which will be hosted in the Senior School Site. This is one of the very important education programmes we offer in Nursery. This programme has 4 main components

- **Education Works:** Parents are provided with information about the Nursery Curriculum with a focus on the importance of Play Based Learning and Speech and Language.
- **Happy, Healthy Kids:** Parents are encouraged with staff to focus on Healthy Eating and the promotion of the importance of Physical Development...thereby enabling safe/healthy physical play at home and in school
- **Ages and Stages:** Parents are provided with more information about the stages of development of their child and how best to enhance their learning including the promotion of social skills such as turn taking, cooperating and negotiating.
- **Big Bedtime Read:** This component has a focus on storytelling, nursery rhymes and including these in the very important bedtime routine for their child.

Wednesday	10/01/24 11am	Session 1: Stay and Play Information with Parents
Tuesday	20/02/24 11am (Rescheduled Date)	Session 2: Speech and Language Information with Parents
Wednesday	24/01/24 11am	Session 3: Story Telling Session with Parents Session 4: Big Bedtime Read Information with Parents
Wednesday	31/01/24 11am SS Assembly Hall	Session 5: Happy Healthy Kids Information with Parents
Wednesday	7/02/24 11am	Session 6: Ages and Stages Information with Parents
Wednesday	6/03/24 (Rescheduled Date) 11am SS Assembly Hall	Session 7: Celebration Day with Parents



Milk Money Payment From April-June

Milk Money for 8th April - 26th June will cost £11.40.

It will be available to be paid online on our School Money App from.....
Week beginning 18th March...

don't try to pay on the app before this!!!

Milk money should be paid into School Money App NOT to Class Teacher...Many thanks!



Easter Holidays

School will close at 12 Noon on Holy Thursday 28th March for the Easter Break(Children may wear their casual clothes on this day).

School will reopen as usual on MONDAY 8th APRIL.

We wish all our little pupils. Parents, families and friends a very Happy and Holy Easter. God bless you all.



Green Day

Eco/ Green day will take place on Friday 15th March. All children (and staff) should wear some green clothing. During the day the children will take part in Eco related activities, such as paper free lessons, power down hour, waste free lunch and outdoor activities such as the daily mile. We would ask all children to contribute £1 which will go towards Eco Resources for our school.



Waste Free Lunch:

Can you help us to reduce our waste by taking part in our “Waste Free Wednesdays”? Every Wednesday earn house points by bringing a Waste free lunch to school.

You could use a **lunchbox with compartments, small reusable plastic containers and reusable drinks bottles**

The benefits to a plastic-free lunchbox is a reduction in the amount of waste sent to the landfill. Plastic takes up to 1,000 years to decompose.

Together we can make a difference to our environment.



Big Walk and Wheel week 2024

Get set... we're taking part in Sustrans Big Walk and Wheel week 2024, the UK's largest inter-school cycling, walking, wheeling and scooting challenge. The challenge runs from 11th March to 22nd March 2024. It's free and we would love everyone to be involved.

Encourage your child(ren) to take active journeys to school on as many days as possible during the event and join them on their way.

Please let us know if other family members (including parents and siblings not at the school) have joined the walk to school, as supporter activity counts in the competition too.

Plus, there are some great prizes to be won every day if we get enough children taking part!





Sustrans
BIG WALK
 CELEBRATING 15 YEARS
AND WHEEL
 11–22 March 2024

Join in the celebration and discover how you can change your world by changing your journey

- ✓ Be active and feel more energised
- ✓ Help the environment by replacing a car journey
- ✓ Help your school win some fantastic prizes

Are you taking part in the UK's biggest walking, wheeling, scooting and cycling to school competition?

www.BigWalkAndWheel.org.uk

Headline sponsor:
SCHWALBE

Sustrans
 JOIN THE MOVEMENT

Sustrans is a registered charity no. 308602 (England and Wales) SC039062 (Scotland). © Sustrans 2019

St Patrick's Day

**Gentle reminder:
School will be closed
on Monday 18th
March for St.
Patrick's Day
Holiday. Happy St.
Patrick's Day to
everyone!**



Encouraging School Attendance!

We are delighted that we have no further challenges to our little children attending face to face teaching and learning in school like we suffered during Covid. To this end, we ask for parents support by encouraging school attendance every day when school is open and available. We understand that from time to time a child may be ill and if this happens please email the teacher or ring the school so that the correct absence code can be recorded for your child to explain the absence. Our school policy aims for at least 90% school attendance for every child. Help us to achieve this. To this end we will be giving out termly **BREAKFAST CLUB VOUCHERS** for any child who achieves 90% and more attendance. (Previously we gave for 100% but in order to support and encourage our children trying so hard we will give these vouchers now for any child who achieves between 90-100%). Thank you for your continued support!



Confirmation Dates

Fr Boland will celebrate Confirmation with our Year 7 Pupils this year. Dates are as follows:

Year 7 A (Mrs Gillespie's Class) :
Saturday 9th March at 11am

Year 7 B (Mrs Daly's Class) :
Saturday 9th March at 2pm

More details will follow closer to the time.



First Holy Communion Dates

Fr Boland will celebrate First Holy Communion with our Year 4 Pupils this year. Dates are as follows:

Year 4 A (Ms Mather's Class) :
Saturday 20th April at 11am

Year 4 B (Ms Kelly's Class) :
Saturday 20th April at 2pm

More details will follow closer to the time.



First Confession

First Confession (The Sacrament of Reconciliation) will take place in the Church of the Immaculate Conception at 1.30pm on Wednesday 20th March for both Year 4 Classes. Two parents / family members may attend this ceremony if you wish to. Children will be brought to the Chapel with staff and can go home afterwards with parents/ carers. Pupils should wear their full winter uniform on this special day. Your child will be bringing home a copy of The Confiteor, Act of Sorrow and My First Confession leaflet. It would be great if you would practise these with your child ahead of Wednesday 20th March so that they feel confident and content! A special day for our little children.

Blessings To You



On Your First
Reconciliation

Do this in Memory First Holy Communion Programme 2023 2024 for Year 4 Pupils and their Families.

Fr Boland warmly invites you all.....

PARENTS INDUCTION MEETING about Holy Communion Preparation this year on

MONDAY 13th November in the JUNIOR SCHOOL Assembly Hall at 7pm.

And then to the following Family Masses.....



DATES AND TIMES OF THE MASSES OF DO THIS IN MEMORY 2023 2024

*Enrolment Sunday (Feast of Christ the King)
Sunday, 26 November 2023 at 12 Noon*

Saturday, 13 January 2024 at 6.30pm

Sunday, 3 March 2024 at 10am

Saturday, 23 March 2024 at 6.30pm

*Saturday, 20 April 2024 at 11am (Year 4 A) & 2pm (Year 4 B)
First Holy Communion*

*Sunday, 2 June 2024
Feast of Ascension*

*Procession from Grotto to Church of the Immaculate Conception for 12 Noon Mass in Holy
Communion Outfits*



Confirmation Preparation Masses 2023 2024 for our Year 7 Pupils and their families.

Preparing children for the sacrament of Confirmation is a shared responsibility and we feel that it is vitally important that you are invited to become involved from the very beginning. Confirmation marks a time for children when they are preparing to move from one stage of their lives to the next. You as parents will have many fears and concerns about how your children will cope in the coming years with the choices they will have to make. Through your involvement in your child's Confirmation, you are being offered the chance to discuss with them their values, attitudes and beliefs. We want to reassure you of the important role you play in developing your child's faith.

Here are some practical ways to get involved:

- Bring your child to Mass on a Saturday evening/Sunday morning with the rest of your family.
- Help your child to learn the prayers which are being taught in school and discuss the Confirmation work they are doing in class.
- As a family light a candle and say a prayer each day with your child in preparation for Confirmation.
- Read together the story of Pentecost and talk about how the Apostles felt before and after receiving the Holy Spirit.
- Talk about your child's Baptism and Holy Communion – when and where they took place, who was there etc.
- Attend Masses and any special liturgies which are organised in connection with Confirmation.
- Help your child choose a suitable Confirmation name. If he or she chooses the name of a saint or family member, talk about the person whose name they have taken.

Enkindling the Spirit

Saturday 2nd December 2023

6.30pm Mass

Moved by the Spirit

Sunday 28th January 2024

10.00am Mass

Called by Name

Sunday 4th February 2024

12.00 noon Mass

Confirmation Retreat

Wednesday 6th March 2024

9.30am – 12.00 noon

Confirmation Practice

Thursday 7th March 2024

7.00pm in Church

Confirmation

Saturday 9th March 2024

Year 7 A @11am

Year 7 B @2pm)

Confirmation Liturgy Team



Community Support Notice

If your family or any family that you know needs any emergency help for Christmas

Help can be sought by contacting the Society of St. Vincent De Paul.

The helpline number is 07784037066.

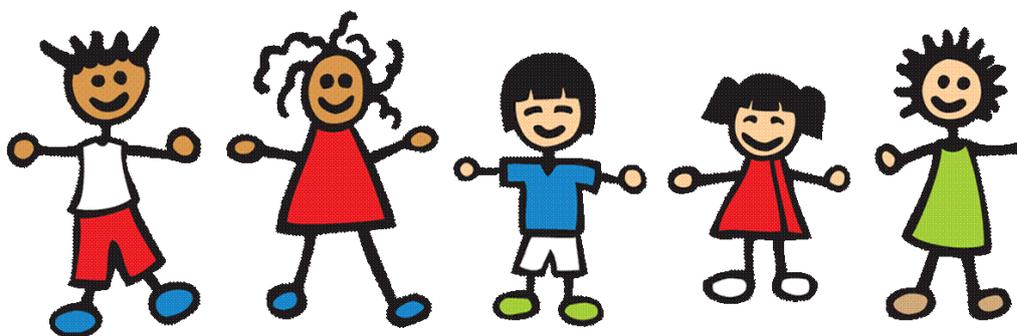
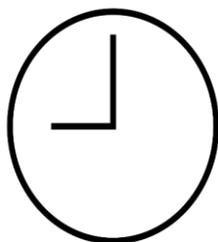
When the helpline number is rung; please leave the name, address and telephone number in a message seeking help and the type of assistance needed. (For example food vouchers, oil vouchers etc).



School Start Times and Collection Times

Year Group	Drop off / Collection Point	Start Time	Finish Time
Nursery Room 1	Nursery Room 1 External Door	9am-9.30am	1.30pm- 1.40pm
Nursery Room 2	Nursery Room 2 External Door	9am-9.30am	1.30pm- 1.40pm
Year 1A (Mrs Doherty)	Pupil Front door facing school gate	8.50am-9am	2.10pm
Year 1B (Miss Hutton)	Back Door opposite the Play Trail	8.50am-9am	2.10pm
Year 2 A (Mrs Mc Glynn)	Back Door opposite the Play Trail	8.50am-9am	2.15pm
Year 2 B (Ms Y Mc Gowan)	Pupil Front door facing school gate nearest to Mrs Doherty's classroom in Junior School Site	8.50am-9am	2.15pm
Learning Centre (Junior School) (Mrs Hamilton)	Middle Floor Door near mobile classroom at the back of the Junior School	8.50am-9am	2.10pm (Year 1) 2.15pm (Year 2) 3pm (Year 3 & 4 Pupils except Feel Good Friday)
Year 3 A (Miss M Maguire)	Pedestrian Gate to the right of the Main Gate at the Junior School Site	8.50am-9am	Mon – Thursday 3.00pm (2.30pm On Feel Good Friday)
Year 3 B (Mrs S Vaughan/ Mrs L Downey)	Pedestrian Gate to the right of the Main Gate at the Junior School Site	8.50am-9am	Mon – Thursday 3.00pm (2.30pm On Feel Good Friday)
Year 4 A (Miss E Mathers)	Pedestrian Gate to the right of the Main Gate at the Junior School Site	8.50am-9am	Mon – Thursday 3.00pm (2.30pm On Feel Good Friday)
Year 4 B (Ms B Kelly)	Pedestrian Gate to the right of the Main Gate at the Junior School Site	8.50am-9am	Mon – Thursday 3.00pm (2.30pm On Feel Good Friday)
Year 5 A (Ms C Gallagher/ Mrs C Gormley)	Enter Gate at the right hand side of the Senior School and line up at Year 5A Meeting Point where teacher will collect the class	8.50am-9am	Mon – Thursday 3.00pm (2.30pm On Feel Good Friday)
Year 5 B (Miss A Kerr/ Mrs S O'Kane)	Enter Gate at the right hand side of the Senior School and line up at Year 5B	8.50am-9am	Mon – Thursday 3.00pm (2.30pm On Feel Good Friday)

	Meeting Point where teacher will collect the class		
Year 6 A (Miss E Keyes)	Enter Double Gate at front of Senior School site nearest to the Main Front Door and line up at Year 6A Meeting Point where teacher will collect the class	8.50am-9am	Mon – Thursday 3.00pm (2.30pm On Feel Good Friday)
Year 6 B (Mrs C Deery)	Enter Double Gate at front of Senior School site nearest to the Main Front Door and line up at Year 6B Meeting Point where teacher will collect the class	8.50am-9am	Mon – Thursday 3.00pm (2.30pm On Feel Good Friday)
Year 7 A (Mrs C Gillespie)	Enter Gate at the right hand side of the Senior School and line up at Year 7A Meeting Point where teacher will collect the class	8.50am-9am	Mon – Thursday 3.00pm (2.30pm On Feel Good Friday)
Year 7 B (Mrs B Daly)	Enter Gate at the right hand side of the Senior School and line up at Year 7B Meeting Point where teacher will collect the class	8.50am-9am	Mon – Thursday 3.00pm (2.30pm On Feel Good Friday)
Learning Centre (Senior School)	Enter Gate at the right hand side of the Senior School and line up at Learning Centre Meeting Point where teacher will collect the class	8.50am-9am	Mon – Thursday 3.00pm (2.30pm On Feel Good Friday)



Staff roles and Email addresses.

Staff receive quite a volume of emails. They endeavour to respond within the working day as soon as possible however their class teaching all day every day takes ultimate priority. We thank you for your patience and understanding. If you have an urgent concern please telephone the school clerical staff who will be happy to help.

Staff Member	Class / Role	Email Address
Mrs Bridget Wilders	Principal	bwilders592@c2kni.net
Miss Jennifer Doherty	Vice Principal	jdoherty742@c2kni.net
Mrs B. Porter	Nursery Room 1	bporter544@c2kni.net
Ms K Carlin	Nursery Room 2	kcarlin208@c2kni.net
Mrs D. Doherty	Year 1 A	ddoherty115@c2kni.net
Miss C. Hutton	Year 1 B	chutton763@c2kni.net
Mrs A.M. Mc Glynn	Year 2 A	amcglynn388@c2kni.net
Ms Y Mc Gowan	Year 2 B	ymcgowan609@c2kni.net
Miss M Maguire	Year 3 A	mmaguire497@c2kni.net
Mrs S Vaughan/ Mrs L Downey	Year 3 B	svaughan325@c2kni.net ldowney759@c2kni.net
Miss E Mathers	Year 4 A	emathers571@c2kni.net
Ms B Kelly / Mrs C Lecky	Year 4 B	clecky594@c2kni.net
Ms C Gallagher	Year 5 A	cgallagher328@c2kni.net
Miss A Kerr	Year 5 B	akerr341@c2kni.net
Miss E Keyes	Year 6 A	ekeyes746@c2kni.net
Mrs C Deery	Year 6 B	cdeery318@c2kni.net
Mrs C. Gillespie	Year 7 A	cgillespie221@c2kni.net
Mrs B Daly	Year 7 B	bdaly611@c2kni.net
Mrs C Connolly	Learning Centre (Senior School)	cconnolly309@c2kni.net
Mrs. C. Hamilton	Learning Centre (Junior School)	chamilton290@c2kni.net



Site Leadership Rota

Junior School : Monday, Wednesday, Friday – Mrs Wilders

Tuesday, Thursday - Miss J Doherty

Senior School: Monday, Wednesday, Friday – Miss J Doherty

Tuesday, Thursday – Mrs Wilders



In the event that the Principal or Vice Principal are not available Senior Leaders or any of the Middle Leadership Team will become available for consultation.

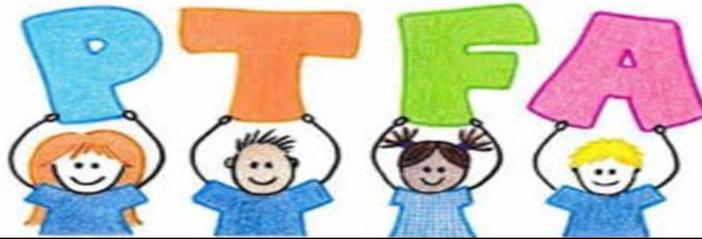


Staff Parking

There is a Car Park on each site for STAFF. Staff arrive at school from 8.20am approx. every morning right up to 9am. To this end, we respectfully request that the entrances to the STAFF Car Parks on each site are always kept clear so that staff can gain access to each site and get ready to start the day with our wee children!!

Parents/carers/ child minders/ taxi drivers etc may NOT enter the school car park for Health and Safety Reasons unless this has been prearranged with school management for a specific reason.





MESSAGE FROM PTFA

March Updates :

If anyone would like to join our P.T.F.A. to give a little time to helping raise much needed funds for our little children in school, you are more than welcome....always happy to have more in the team!

Next Meeting :

WEDNESDAY 20th March at 6.30pm in Junior School

Sincerely Yours in Community Spirit,

St. Catherine's Primary and Nursery School

P.T.F.A.



PTFA



Meet the Officers as voted in at our Annual AGM :

Heartfelt thanks to all the PTFA for giving of your time and energy to raise funds for our little children.



Mrs Noeleen Mc Crossan
(Treasurer)



Ms Maria Mc Grath
(Secretary)



Mrs Berni Allen
(Vice Chairperson)



Miss Jennifer Doherty
(Chairperson)

Surestart Message of the Month

March 2024

Words by **one** make talking
fun...copy my actions, sounds and words



Sing a rhyme anytime
Start your child learning
for a lifetime!

We are a Healthy Eating School in St. Catherine's.

Below are the list of foods that are acceptable / not acceptable for Healthy Eating Purposes.

If you have any concerns please consult your child's teacher.

<i>Foods we consider acceptable:</i>	<i>Foods that are not acceptable:</i>
Fruit (except kiwi)	Nuts or any other products with a nut content / trace
Fruit pots	Crisps
Rice pots	Sweets
Custard pots (not chocolate flavour)	Chocolate Bars
Jelly pots	Chocolate yoghurts
Vegetables (eg. carrot sticks / celery sticks)	Chocolate Muller Corners
Sandwiches (no chocolate spreads or no peanut butter)	Chocolate biscuits
Scones	Chocolate chip cookies
Wheaten bread	All cereal bars
Pitta bread	Square Bars
Tortilla Bread	Lunchables
Pancakes	Iced Buns
Croissants (no chocolate brioche)	Pepperami
Plain buns	Fruit Winders
Ryvita / crispbreads	
Yoghurts	
Plain biscuits: Rich Tea, Digestives, Plain Crackers and Belvita Plain Biscuits	
Cheese / Dairylea Triangles / Cheese Slices / Baby Bel / Cheese Strings	
Breadsticks / Pretzels	
Rice Cakes	
Snack a Jacks	

<i>Foods that are not acceptable:</i>	<i>Reason Why:</i>
Nuts or any other products with a nut content / trace	We have children with a nut allergy
Crisps	High fat and salt content
Sweets	High sugar content
Chocolate Bars, chocolate yoghurts, chocolate Muller Corners, chocolate biscuits and chocolate chip cookies	High sugar content and many brands of chocolate contain traces of nuts
All cereal bars and Square Bars	High in sugar and fat content
Lunchables	High sugar content
Iced Buns	High sugar content
Pepperami	High fat content
Fruit Winders	High sugar content

Healthy Habits



St. Catherine's Nursery & Primary School

March 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1.	2.
3. 10am Year 4 Do This in Memory Mass in Church of the Immaculate Conception	4. Year 4B Junior Football Skills Session JS 3pm-4pm Year 5 Soccer SS 3-4pm	5. Seed to Pot Session 2: Year 3 & Year 5 Year 1 Screening (Junior Site) Early Bird Athletics Club SS 8.15am-8.45am KS2 Beginners Golf SS for Pupils who enrolled in Group [1] 3pm-4pm Year 6 After Schools Booster Club	6. Year 7 Confirmation Retreat St. Pat's Hall 9.30 – 12 noon Nursery Programme: GRTL Celebration Day 11am SS Year 1 Screening (Junior Site) Draw and Talk Therapy SS Year 1B Yoga 2.15pm – 3pm Year 3B Yoga 3pm-3.45pm	7. World Book Day RISE NI Session 2 P3A 9.30-10.30am Year 6 Altruism Workshop Draw and Talk Therapy JS (am)/ SS (pm) Year 2B RugbyTots 2.15-3.15pm Year 5 Netball SS 3pm-4pm Year 7 Confirmation Practice in Church of the Immaculate Conception @ 7pm	8. EA Music Assessment for Year 4 Nursery Schools for Hope Session 6 Review Hope. (pupils only)	9. Year 7 Confirmation Ceremony in Church of the Immaculate Conception. Year 7A @ 11am Year 7B @ 2pm
10.	11. Year 4B Junior Football Skills Session JS 3pm-4pm Year 5 Soccer SS 3-4pm	12. Year 7A Your Life programme. KS2 Beginners Golf Starts in SS for Pupils who enrolled in Group [2] 3pm-4pm Year 6 After Schools Booster Club	13. Year 7B Your Life programme. 1pm – Year 6 EA Music festival, Derry Draw and Talk Therapy SS Year 1B Yoga 2.15pm – 3pm Year 3B Yoga 3pm-3.45pm	14. RISE NI Session 3 P3A 9.30-10.30am Draw and Talk Therapy JS (am)/ SS (pm) Year 2B RugbyTots 2.15-3.15pm Year 5 Netball SS 3pm-4pm	15. Nursery Schools for Hope Obstacle Course (Parent Session) SS 10am NR1 11am NR2	16..
17. St Patrick's Day Parade with Year 5 & Year 6.	18. School closed in lieu of St Patrick's Day	19. Early Bird Athletics Club SS 8.15am-8.45am KS2 Beginners Golf SS for Pupils who enrolled in Group [2] 3pm-4pm	20. World Story Day Draw and Talk Therapy SS 1.30pm Year 4 First Confession in Church of the Immaculate Conception	21. Year 7 A The DEEDS Programme RISE NI Session 4 P3A 9.30-10.30am Draw and Talk Therapy JS (am)/ SS (pm) Year 2B RugbyTots 2.15-3.15pm Year 5 Netball SS 3pm-4pm	22. Nursery Schools for Hope Session 8: Stepping Stones (pupils only)	23. 6.30pm Year 4 Do This in Memory Mass in Church of the Immaculate Conception
24. 31.	25. Year 3A Junior Football Skills Session JS 3pm-4pm Year 5 Soccer SS 3-4pm	26. Seed to Pot Session 3:Year 3 & Year 5 Early Bird Athletics Club SS 8.15am-8.45am KS2 Beginners Golf Starts in SS for Pupils who enrolled in Group [2] 3pm-4pm Year 6 After Schools	27. Draw and Talk Therapy Senior Site Stations of the Cross 2pm (JS) Year 1B Yoga 2.15pm – 3pm Year 3B Yoga 3pm-3.45pm	28. Draw and Talk Therapy Junior site (am) Easter Holidays, School closes at 12 noon.	29.	30.

Happiness is being among friends.



School Dinner Menu – 19th FEBRUARY 2024 onwards (Please note that soup/ sandwiches are also available daily upon request if pupils do not wish to avail of the hot food choices)

EAT SMART WITH THE LUNCH BUNCH



WEEKS SERVED	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
19 February 18 March 15 April 13 May 10 June 2 September 30 September	Beef Bolognese - Or - Chicken Goujon Wrap with choice of dip Sweetcorn / Broccoli Pasta Spirals / Mashed Potato Chocolate & Orange Cookie	Breaded Fish & Lemon Mayo - Or - Homemade Margherita Pizza Mushy or Garden Peas / Baked Beans Chipped Potato / Baked Potato Raspberry Jelly & Two Fruits	Chicken Curry & Naan Bread - Or - Chinese-style Beef & Vegetables Diced Carrots & Green Beans Noodles / Rice Fruit Sponge & Custard	Roast of the Day, Stuffing & Gravy - Or - Salmon & Creamy Tomato Pasta Fresh Vegetables in Season Mashed Potato / Oven Roast Potato Pineapple Delight	Hot Dog / Veggie Dog with Tomato Ketchup - Or - Chicken & Summer Veg Pie Spaghetti Hoops / Corn on the Cob Chipped / Mashed Potatoes Ice-Cream & Mandarin Oranges
26 February 25 March 22 April 20 May 17 June 9 September	Golden Crumbed Fish Fingers - Or - Freshly Baked Ham & Cheese Panini Baked Beans & Garden Peas Chipped / Baked Potato Homemade Flakemeal Biscuit	Beef Ragu Italia - Or - Homemade Margherita Pizza Sweetcorn / Diced Carrots / Coleslaw Oven Roasted Potato / Wedges / Rice / Salad Mandarin Orange Sponge & Custard	Chicken Curry & Naan Bread - Or - Baked Pork Sausages & Gravy Garden Peas / Baton Carrots Boiled Rice / Mashed Potato Arctic Roll and Peaches	Roast of the Day, Stuffing & Gravy - Or - Quorn Dippers Fresh Vegetables in Season Mashed / Oven Roast Potato Homemade Brownie & Orange Wedges	Chicken Goujons & Sweet Chilli Dip - Or - Roast Mediterranean Vegetable Pasta Bake Spaghetti Hoops / Corn on the Cob Chipped / Baby New Potatoes Fruit Muffin & Apple / Orange Juice
4 March 1 April 29 April 27 May 24 June 16 September	Golden Crumbed Fish Fingers - Or - Creamy Chicken & Broccoli Pasta with Garlic Bread Sweetcorn & Roasted Peppers Chipped / Baked Potato / Coleslaw Ice-Cream, Pears & Chocolate Sauce	Homemade Cottage Pie - Or - Homemade Margherita Pizza Spring Greens / Butternut Squash Oven Baked Potato Wedges / Baked Potato Summer Fruit Cheesecake	Chicken Curry & Naan Bread - Or - Beef Meatballs with Tomato & Basil Sauce Green Beans / Baton Carrots Steamed Rice / Pasta Spirals Sticky Date Pudding & Custard	Roast of the Day, Stuffing & Gravy - Or - Chicken & Pepper Fajita Fresh Vegetables in Season Mashed Potato / Oven Roast Potato Golden Krispie Square	School "Chippy Day" Chicken or Fish Goujons / Sausages - Or - Baked Potato with Tuna & Sweetcorn / Salad Beans / Mushy Peas Chipped / Baby New Potatoes Frozen Fruit Yoghurt
11 March 8 April 6 May 3 June 26 August 23 September	Baked Pork Sausages & Gravy - Or - Jerk Chicken & Caribbean Rice with Flatbread Baked Beans / Garden Peas Chipped / Baked Potato Ice-Cream & Two Fruits	Chicken Curry & Naan Bread - Or - BBQ Pulled Pork Pizza Wrap Sweetcorn / Baton Carrots Boiled Rice / Oven Roasted Garlic & Paprika Wedges Jaffa Cake Pots	Breaded Fish & Lemon Mayo - Or - Beef Lasagne, Garlic Bread & Coleslaw Garden Peas / Diced Carrots Mashed / Baby Potato Fruit Sponge & Custard	Roast of the Day, Stuffing & Gravy - Or - Roast Butternut Squash, Penne Pasta and Tomato & Pesto Sauce Fresh Vegetables in Season Mashed Potato / Oven Roast Potato Fresh Fruit Salad & Yoghurt	Beef Burger / Bean Burger in Bap with Onions - Or - Salt & Chilli Chicken Corn on the Cob / Pasta Salad Chipped Potato / Steamed Rice Lemon Shortbread & Melon Wedge

MILK, WATER, BREAD &
FRESH FRUIT AVAILABLE DAILY

IF YOU NEED ANY INFORMATION ON ALLERGENS OR HAVE SPECIAL
DIETARY REQUIREMENTS, PLEASE NOTIFY YOUR SCHOOL ACCORDINGLY

MENU SUBJECT TO
PRODUCT AVAILABILITY