

St. Catherine's Primary School

Principal: Mrs. Bridget Wilders B.Ed. P.G. Dip.Ed. P.Q.H.

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Monthly Note: Monday 6th November 2023

Check us out on our website: www.stcatherinesps.co.uk

A Trip to see the Millennium Forum Christmas Panto!!

A fe fi fo Pantomime!!!

Every year we have always visited the Millennium Forum to see the Christmas Panto; it has been part of our tradition of preparation for Christmas! This year again, we have booked to take all our little PRIMARY SCHOOL Pupils to see the Christmas Panto.....JACK & THE BEANSTALK!!!

A gigantic beanstalk, Caroline the cow, magic beans, a goose that lays golden eggs and the nastiest of giants - it's panto time again at the Forum! Telling the story of peasant boy Jack and his attempts to please his impoverished mother and win the hand of Princess Jill, JACK AND THE BEANSTALK remains one of the best-loved pantomimes of all time. Packed with great song and dance routines, hilarious comedy, dazzling scenes and magical special effects.

Dates are as follows: Years 1-4: Monday 11th December & Years 5-7: Wednesday 13th December

The trip this year should cost much more than the usual £12 but we are keeping the cost to £12 and school will pay for the cost of transport to subsidise the trip. We are aware of the challenging times that we are all living in and thought that this would be a lovely Christmas Idea for each and every child. A note has been sent out to each class for Parents to sign to give their consent for their child to go to the panto this year. The £12 fee can be paid in two instalments on the SCHOOL MONEY App. Book your child's place now if you have not already done so...promises to be a lovely Christmas treat!



Prayer of the Month November

*During November we remember
and pray for the dead*

Eternal Rest

*Eternal rest grant unto them, O
Lord, and let perpetual light
shine upon them. May the souls
of the faithful departed, through
the mercy of God, rest in peace.
Amen.*



PATHS Programme in St. Catherine's

(Promoting Alternative Thinking
Strategies)

PATHS Quote of the Month November

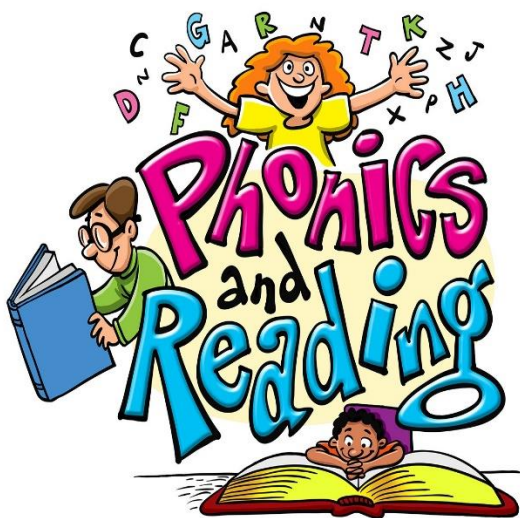
Refuse to fight! People fight
with words as well as with their
hands. Walk away when you
are teased or someone dares you
to do something you know is
wrong. Find an adult to help
you solve your problem. Refuse
to fight!!



Year 2 Linguistic Phonics Sessions for Parents

Year 2 Teaching staff will be hosting a Linguistic Phonics Session for Parents of Year 2 Pupils.

Year 2 pupils formally begin the Linguistic Phonics Programme in Year 2 and it is crucial that they can grasp this at this very young age so that the basics of reading skills are there and pupils build on this as they progress through school. To this end, Parents can help, because when they know and understand the programme, they are in a better position to support their child at home with their reading too. It is so important that we all can distinguish that there are names of letters but this differs from the sound that each letter makes or indeed a combination of letters can make. Year 2 Parents will receive a letter from the class teacher about this, please come along to the session if you can...it will be so worthwhile!!



s	t	p	n	m	a	e	i	o
g	d	c k	r	h	u	ai	ee	igh
b	f	l	j	v	oa	oo	oo	ar
w	x	y	z	qu	or	ur	ow	oi
ch	sh	th	th	ng	ear	air	ure	er

Internet Safety Education Workshops for Key Stage 2 Pupils (Years 5-7)

Every year we host specialised Internet Safety Education Workshops for our Year 5-7 Pupils to upskill them in how to make most use of the Internet but in a safe and appropriate way.

Workshops will be facilitated by ALLSTATE and REIM SOLUTIONS.

The following dates below are for each year group;

Year 5: Thursday 16th November

Year 6: Wednesday 14th November

Be smart on the internet

S SAFE Keep safe by being careful not to give out personal information – such as your full name, email address, phone number, home address, photos or school name – to people you are chatting with online.

M MEETING Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present.

A ACCEPTING Accepting emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!

R RELIABLE Information you find on the internet may not be true, or someone online may be lying about who they are.

T TELL Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online. You can report online abuse to the police at www.thinkuknow.co.uk.

www.kidsmart.org.uk

Visit Childnet's Kidsmart website to play interactive games and test your online safety knowledge. You can also share your favourite websites and online safety tips by Joining Hands with people all around the world.

Health Visitor Visit to our Nursery Pupils

Our Health Visitor (Ms Lisa O'Brien) will be in school on the following dates to see our little Nursery Pupils for their Pre School Health Checks. These will take place with parental consent and in the presence of parents in the Senior School Canteen on prescheduled appointments on....

Monday 6th November

Tuesday 7th November

Thursday 16th November

Monday 20th November

Tuesday 21st November

We welcome our Health Visitor and parents for these very important pre school health checks!



Anti Bullying Week

(Week commencing Monday 13th November)

This year's Theme : Make a noise about Bullying

The theme of Make A Noise About Bullying came about following consultation with teachers and pupils by the Anti-Bullying Alliance which coordinates Anti-Bullying Week every year in England, Wales and Northern Ireland. Teachers and children wanted a theme that empowered them to do something positive to counter the harm and hurt that bullying causes.

Too often, we are silent when we see bullying take place, silent about the hurt bullying causes, and silent when we hear bullying dismissed as 'just banter'. It doesn't have to be this way.

Of course, we won't like everyone and we don't always agree, but we can choose respect and unity.

This Anti-Bullying Week let's come together to have discussions about what bullying means to us, how banter can turn into something more hurtful, and what we can do to stop bullying. Together, we can make a difference and take a stand against bullying.

From the playground to Parliament, and from our phones to our homes, let's make a noise about bullying. Please click on the link below to see this year's Anti Bullying Week Video.

<https://youtu.be/kfzr4e-shc8>

All children will complete various activities and take part in discussions in school linked to this theme for Anti Bullying week. We hope that our little children enjoy this work and gain something important from it.



Do this in Memory First Holy Communion Programme 2023 2024 for Year 4 Pupils and their Families.

Fr Boland warmly invites you all.....

PARENTS INDUCTION MEETING about Holy Communion Preparation this year on

MONDAY 13th November in the JUNIOR SCHOOL Assembly Hall at 7pm.

And then to the following Family Masses.....



DATES AND TIMES OF THE MASSES OF DO THIS IN MEMORY 2023 2024

Enrolment Sunday (Feast of Christ the King)

Sunday, 26 November 2023 at 12 Noon

Saturday, 13 January 2024 at 6.30pm

Sunday, 3 March 2024 at 10am

Saturday, 23 March 2024 at 6.30pm

*Saturday, 20 April 2024 at 11am (Year 4 A) & 2pm (Year 4 B)
First Holy Communion*

Sunday, 2 June 2024

Feast of Ascension

*Procession from Grotto to Church of the Immaculate Conception for 12 Noon Mass in Holy
Communion Outfits*



Confirmation Dates

Fr Boland will celebrate Confirmation with our Year 7 Pupils this year. Dates are as follows:

Year 7 A (Mrs Gillespie's Class) : Saturday 9th March at 11am

Year 7 B (Mrs Daly's Class) : Saturday 9th March at 2pm

More details will follow closer to the time.

First Holy Communion Dates

Fr Boland will celebrate First Holy Communion with our Year 4 Pupils this year. Dates are as follows:

Year 4 A (Ms Mather's Class) : Saturday 20th April at 11am

Year 4 B (Ms Kelly's Class) : Saturday 20th April at 2pm

More details will follow closer to the time.



ATTENTION ALL PRIMARY 5 CHILDREN

Shoeboxes will be collected soon. Please leave them into school as soon as they are ready so that they arrive on time to the children that they are being sent to. This is an extremely worthy appeal and lights up so many lives around the world at Christmas and never more needed than this year. Thank you for supporting this very worthwhile cause.

Book Week Thanks!

We had a fabulous Book Week from Monday 9th October to Friday 13th October in St Catherine's!

Book Character Day (as always was also a brilliant experience shared by all our little children in school. We saw many Nursery Rhyme, Fairytale and Novel Characters in school.

Heartfelt thanks to our parents for supporting Book Week in School. Our little children get so much out of it as it promotes an awareness of Literacy, Reading and Books and helps encourage good reading habits and an overall love of learning! Parents, as always, support this by preparing children so well for Book Character Day and also by allowing children to purchase a story/ novel / non fiction book from the Book Fair. This year our Book Fair totalled over £2000 of which we are allowed a percentage commission of this to buy more books for our little children...so thank you so much!

Thanks also to all staff for facilitating Book Week and ensuring that the teaching and learning is centred around this very important theme. We had a focus on book/ nursery rhyme/ fairytale characters; their costumes, speeches about them, art work depicting them, dramatizing them, reading activities and much more!

Special thanks also to Mrs Connolly (Language and Literacy Leader) for organising all events in school providing an amazing literary experience for our little pupils.

FILL THEM WITH



Debutots is back!

We are simply delighted to share that we are having our exciting programme back again within our school called "Debutots". This programme is designed to offer interactive storytelling and dramatic play sessions with our children. The classes will help develop children's language skills and also promote confidence and ability. Please see attached information letter from Debutots.

We are offering this programme to all our little learners in Nursery, Year 1 and in our Junior Learning Centre.

Lessons will be carried out by facilitators in the classrooms with our staff during the school day and will begin just after the Hallowe'en Break. See timetable below.

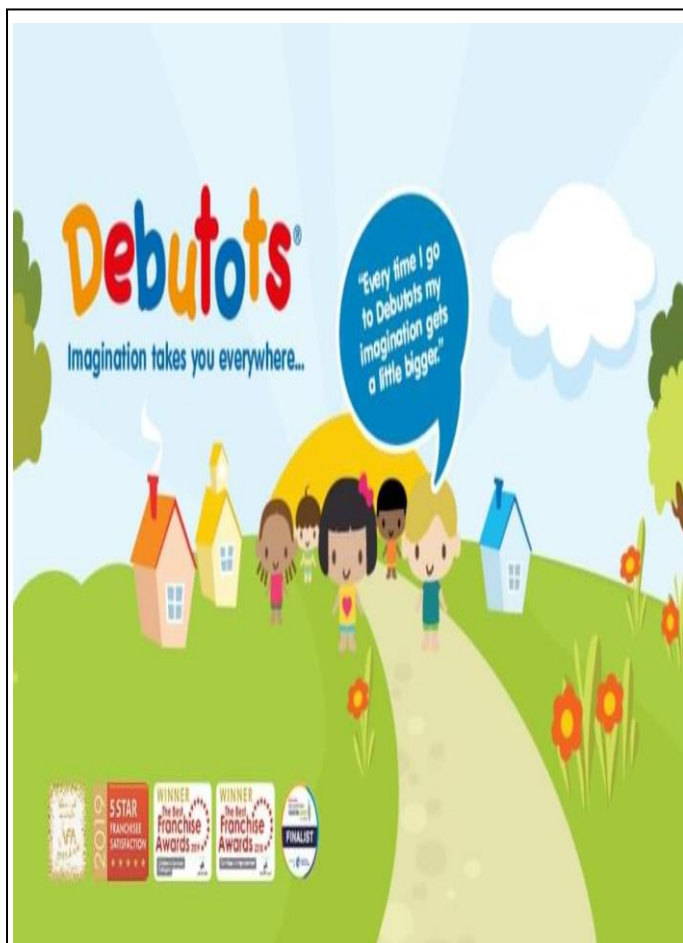
Mondays : Nursery Room 1 and Nursery Room 2 Pupils

Fridays : Year 1A Pupils, Year 1 B Pupils and Learning Centre Pupils

The programme will continue until Easter.

Parent Teacher Meetings

Teachers will be sending out information about Parent Teacher Meetings Face to Face or Phonecalls as per parent request due to start WC 13-11-23. Please indicate what format you would like the meeting to take. If an appointment time does not suit, please communicate with teacher and an alternative time can be arranged. We know that both our parents and teachers value this opportunity to see how each child is progressing so far in school this year to date!



Starting Nursery or Primary School in September 2024?

Do you have or do you know anyone who has a little child who is ready to start Nursery or Year 1 in September 2024 and would very much like to join our family here at St. Catherine's?

ANNOUNCING THE RETURN OF OUR OPEN AFTERNOONS!

Due to Covid these past two years we were unable to facilitate our Open Afternoons however this year marks their return. This provides an opportunity for the parents and prospective new pupils to see our Nursery and Year 1 classes, hear from the Principal about what our school offers and meet the staff and some pupils! A lovely introduction to the family that is St. Catherine's!

If you are interested in a place for your child to attend NURSERY or YEAR ONE in September 2024:

Nursery Open Afternoon will take place on TUESDAY 5th DECEMBER in the SENIOR SCHOOL ASSEMBLY HALL (For Principal's Welcome) at 1.30pm

Year 1 Open Afternoon will take place on WEDNESDAY 6th DECEMBER in the JUNIOR SCHOOL ASSEMBLY HALL (For Principal's Welcome) at 1.30pm

Come along to join us to find out more about what makes our little school so special!

Alternatively of the dates do not suit, if anyone would like to have a PRIVATE tour of the school (either Nursery or Primary) and a talk with the Principal about the arrangements for starting school in September 2024, we can arrange an APPOINTMENT and TOUR for you!! To arrange this you should just drop a little email to Mrs B. Wilders (Principal) at her email address bwilders592@c2kni.net and this can be arranged at a mutually convenient time.

A School Prospectus will also be emailed to all parents of our school currently to let you know more about our little school (so spread the word!!) or alternatively can be posted upon request if you email the Principal at the email address above or ring the school office on 02871 382614.

We have a little Nursery Video and Year 1 Video (from previous years) which is on our website which you can watch to learn a little more about our Nursery and Primary School in the meantime. See links below.

Nursery: <https://www.stcatherinesps.co.uk/admissions/open-day-films/nursery-421/>

Primary One: <https://www.stcatherinesps.co.uk/admissions/open-day-films/primary-1/>



Just some of the fabulous resource facilities in our School: Our school is a split site campus with many benefits indeed, some of which are listed below;

1. A highly qualified and dedicated teaching and non-teaching staff team who work so hard to give the absolute best provision for all children in their care
2. Two FIVE STAR Canteens (one on each site) where fresh food is made in each one on a daily basis. They host a breakfast club also which is open from 8.15am until 8.50am each day. We serve HOT FOOD FULL BREAKFASTS on FRIDAYS also!
3. Two ICT Suites (one on each site) with a full range of state-of-the-art Hard drive Computers
4. Well-resourced classrooms with Ipads and Clever Touch Interactive Whiteboards in every class
5. Two SENSORY ROOMS (one on each site) to give an additional facility for children with sensory needs. We also have a NURSERY SENSORY Facility for our littlest learners.
6. NURTURE Facility for children who benefit from additional specialist nurture support
7. Two LEARNING SUPPORT Rooms (one on each site) so that specialist support can be given to children who need help with Literacy and Numeracy
8. Two NEW EDUCATION AUTHORITY SPECIALIST LEARNING CENTRE Provisions, one on each school site (Junior School and Senior School) for children who experience Learning Needs and can avail of specialist support in a very small class setting as opposed to full larger mainstream classes. Children are referred into this class by Educational Psychologist.
9. Two LIBRARIES (one on each site) for class use to promote a love of reading
10. FIVE OUTDOOR PLAY AREAS (across both sites including Nursery) to promote a love of outdoor play
11. Two OUTDOOR CLASSROOMS (one on each site) to promote a love of learning outdoors
12. Two OUTDOOR Polytunnels (one on each site) to promote a love of nature and the importance of plant growth and its food importance
13. Two SPORTS HALLS (one on each site) marked out for sports games with well stocked PE Stores full of sports equipment.
14. After school Family Club for pupils of Year 1 and 2 with older siblings in the school to facilitate one home time at 3pm per family
15. A variety of AFTER SCHOOLS CLUBS across each site
16. After School Literacy / Numeracy Booster Clubs for Year 6 and 7 Pupils
17. Modern Language Provision Chinese Language and Culture (Years 1-7) and Irish Language and Culture (Year 7)
18. Extensive Opportunities for Music Development (Brass, Strings, Vocals, Musical Pathways)
19. Extensive Opportunities for Drama Development Christmas Nativities (Nursery – Year 4), KS2 Musical Productions
20. A CATHOLIC MAINTAINED ALL INCLUSIVE SCHOOL that embraces all children/ families and focuses on developing each child as an individual
21. A school that values learning in school and out of school.....a modern approach to learning!

All of this and more!!



National School Meals Week (6th -10th November)

We are blessed with not one but TWO fabulous canteens across our two school sites. Meals are cooked freshly on each site each day. We have a breakfast club on each site which provides hot food at breakfast on Fridays also! We really have FIVE STAR Canteens with great cooks and great staff. Thank you for supporting our Canteens. On this NATIONAL SCHOOL MEALS WEEK we just wish to extend our thanks to our canteen staff. Keep up the great work!



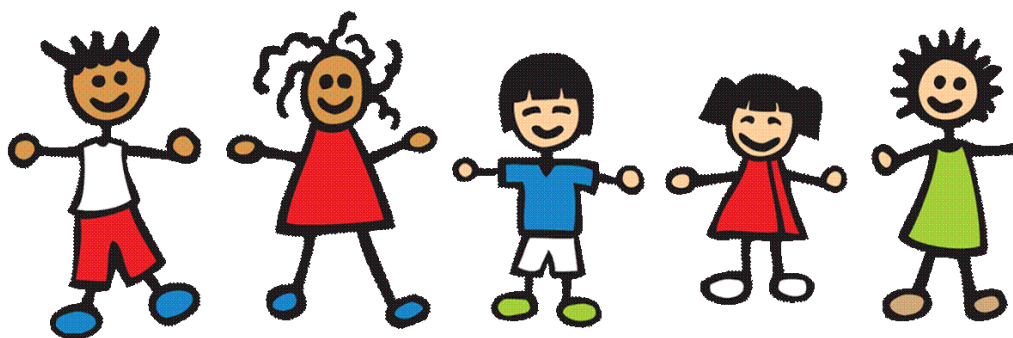
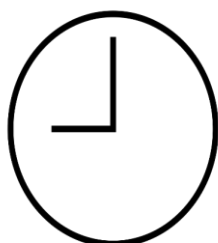
Breakfast club



School Start Times and Collection Times

Year Group	Drop off / Collection Point	Start Time	Finish Time
Nursery Room 1	Nursery Room 1 External Door	9am-9.30am	1.30pm- 1.40pm
Nursery Room 2	Nursery Room 2 External Door	9am-9.30am	1.30pm- 1.40pm
Year 1A (Mrs Doherty)	Pupil Front door facing school gate	8.50am-9am	2.10pm
Year 1B (Miss Hutton)	Back Door opposite the Play Trail	8.50am-9am	2.10pm
Year 2 A (Mrs Mc Glynn)	Back Door opposite the Play Trail	8.50am-9am	2.15pm
Year 2 B (Ms Y Mc Gowan)	Pupil Front door facing school gate nearest to Mrs Doherty's classroom in Junior School Site	8.50am-9am	2.15pm
Learning Centre (Junior School) (Mrs Hamilton)	Middle Floor Door near mobile classroom at the back of the Junior School	8.50am-9am	2.10pm (Year 1) 2.15pm (Year 2) 3pm (Year 3 & 4 Pupils except Feel Good Friday)
Year 3 A (Miss M Maguire)	Pedestrian Gate to the right of the Main Gate at the Junior School Site	8.50am-9am	Mon – Thursday 3.00pm (2.30pm On Feel Good Friday)
Year 3 B (Mrs S Vaughan/ Mrs L DOWney)	Pedestrian Gate to the right of the Main Gate at the Junior School Site	8.50am-9am	Mon – Thursday 3.00pm (2.30pm On Feel Good Friday)
Year 4 A (Miss E Mathers)	Pedestrian Gate to the right of the Main Gate at the Junior School Site	8.50am-9am	Mon – Thursday 3.00pm (2.30pm On Feel Good Friday)
Year 4 B (Ms B Kelly)	Pedestrian Gate to the right of the Main Gate at the Junior School Site	8.50am-9am	Mon – Thursday 3.00pm (2.30pm On Feel Good Friday)
Year 5 A (Ms C Gallagher/ Mrs C Gormley)	Enter Gate at the right hand side of the Senior School and line up at Year 5A Meeting Point where teacher will collect the class	8.50am-9am	Mon – Thursday 3.00pm (2.30pm On Feel Good Friday)
Year 5 B (Miss A Kerr/ Mrs S O'Kane)	Enter Gate at the right hand side of the Senior School and line up at Year 5B	8.50am-9am	Mon – Thursday 3.00pm (2.30pm On Feel Good Friday)

	Meeting Point where teacher will collect the class		
Year 6 A (Miss E Keyes)	Enter Double Gate at front of Senior School site nearest to the Main Front Door and line up at Year 6A Meeting Point where teacher will collect the class	8.50am-9am	Mon – Thursday 3.00pm (2.30pm On Feel Good Friday)
Year 6 B (Mrs C Deery)	Enter Double Gate at front of Senior School site nearest to the Main Front Door and line up at Year 6B Meeting Point where teacher will collect the class	8.50am-9am	Mon – Thursday 3.00pm (2.30pm On Feel Good Friday)
Year 7 A (Mrs C Gillespie)	Enter Gate at the right hand side of the Senior School and line up at Year 7A Meeting Point where teacher will collect the class	8.50am-9am	Mon – Thursday 3.00pm (2.30pm On Feel Good Friday)
Year 7 B (Mrs B Daly)	Enter Gate at the right hand side of the Senior School and line up at Year 7B Meeting Point where teacher will collect the class	8.50am-9am	Mon – Thursday 3.00pm (2.30pm On Feel Good Friday)
Learning Centre (Senior School)	Enter Gate at the right hand side of the Senior School and line up at Learning Centre Meeting Point where teacher will collect the class	8.50am-9am	Mon – Thursday 3.00pm (2.30pm On Feel Good Friday)



Staff roles and Email addresses.

Staff Member	Class / Role	Email Address
Mrs Bridget Wilders	Principal	bwilders592@c2kni.net
Miss Jennifer Doherty	Vice Principal	jdoheraty742@c2kni.net
Mrs B. Porter	Nursery Room 1	bporter544@c2kni.net
Ms K Carlin	Nursery Room 2	kcarlin208@c2kni.net
Mrs D. Doherty	Year 1 A	ddoherty115@c2kni.net
Miss C. Hutton	Year 1 B	chutton763@c2kni.net
Mrs A.M. Mc Glynn	Year 2 A	amcglynn388@c2kni.net
Ms Y Mc Gowan	Year 2 B	ymcgowan609@c2kni.net
Miss M Maguire	Year 3 A	mmaguire497@c2kni.net
Mrs S Vaughan/ Mrs L Downey	Year 3 B	svaughan325@c2kni.net ldowney759@c2kni.net
Miss E Mathers	Year 4 A	emathers571@c2kni.net
Ms B Kelly	Year 4 B	bkelly663@c2kni.net
Ms C Gallagher	Year 5 A	cgallagher328@c2kni.net
Miss A Kerr	Year 5 B	akerr341@c2kni.net
Miss E Keyes	Year 6 A	ekeyes746@c2kni.net
Mrs C Deery	Year 6 B	cdeery318@c2kni.net
Mrs C. Gillespie	Year 7 A	cgillespie221@c2kni.net
Mrs B Daly	Year 7 B	bdaly611@c2kni.net
Mrs C Connolly	Learning Centre (Senior School)	cconnolly309@c2kni.net
Mrs. C. Hamilton	Learning Centre (Junior School)	chamilton290@c2kni.net



Helping Others for Christmas: DONATE ONE

NON PERISHABLE FOOD ITEM

We pride ourselves on being a FAMILY SCHOOL. We try to look out for each other and show that we care for each other when we can.

Charity does also begin at home they say and that is why all our fundraising efforts to date have been to enable the FREE Panto Christmas Trip for all pupils in the school so that no one is disappointed and has a lovely treat for Christmas but we are also conscious that times are very hard for so many.

To this end, it has been suggested that we ask each child to bring in ONE NON PERISHABLE item from home for example; tin of beans, tin of soup, bag of rice, bag of pasta...anything in the cupboard that is SPARE and can be donated. Our staff will use these items collected to make Christmas Food Hampers and donate them to the Foodbank. It must be emphasized that this is purely voluntary and people should feel under no pressure to buy things or donate if they are not able to do so.

This is just a thought to try to help in some way for those in greater need than ourselves. If any child contributing could bring their FOOD ITEM to school **NO LATER THAN WEDNESDAY 13th DECEMBER** and the items will be gathered in the Assembly Hall on each school site where staff and some children will then make the hampers.

Thanks for your support.



Parenting NI Summerhill Programme

Exciting news parents!!

Announcing the new Summerhill Programme for parents...a really helpful 4 sessions around healthy living, living in a cost of living crisis, looking after our well being and supporting our children in hard times plus...the only programme where you can get a £20 Gift Voucher upon completion...every little helps!

If you would be interested in attending these 4 helpful sessions every Monday Morning (4 week in total) and get a little voucher at the end then please email Clare Mc Gillion on clare@parentingni.org as outlined below to book your place!

Summerhill Programme

4 week programme for parents

Week 1 Nutrition and Healthy Eating
Week 2 Play and Reading
Week 3 Cost of living
Week 4 Wellbeing

Meet and discuss family life
in a safe environment

Pick up tips on how to
become more confident in
handling the daily pressures
parents face

£20 gift
voucher on
completion



ParentingNI



summerhill
foundation

Date:

November
20th & 27th
December
4th & 11th

Venue:

St Catherines PS

Time:

9.15am - 11.15am

It is our hope that this programme will allow families a happier home life and children will feel more secure as they are given the support and love to enable them to reach their full potential in life.

To book a place please contact Clare McGillion at,
clare@parentingni.org

***** Community Notice *****

Help and Support for Parents of children with Autism whether they have a diagnosis or are waiting for a diagnosis. See below.



Support Groups

- Parents, carers and professionals sharing experiences and information (pre and post diagnosis).
- Invaluable peer support.
- Develop strategies and learn new skills.
- Facilitation by trained volunteers.

Date: 1st December 2023

Time: 6.00pm-8.00pm

Venue: The Grass Roots Café

John Wesley St, Strabane

BT828DF



St. Catherine's Primary School



Holiday List for 2023/ 2024

The school will be **closed** on:

Five Allocated Staff Training Days which have been allocated throughout the Year.

Friday 15th September 2023 (**Staff Training Day 1**)

Hallowe'en – Mid Term Break

Monday 30th October 2023 – Friday 3rd November 2023

(Reopens on Monday 6th November 2023)

Christmas Break

School closes on Friday 22nd December 2023 at 12 Noon – Monday 8th January 2024

(School Reopens for our everyone on Tuesday 9th January 2024)

Spring Term Break

Monday 12th February 2024 until Friday 16th February 2024

(School Reopens for our pupils on Monday 19th February 2024)

St. Patrick's Day Break

Monday 18th March 2024 (St. Patrick's Day Public Holiday)

(School Reopens for our pupils on Tuesday 19th March 2024)

Easter Break

School closes on Holy Thursday 28th March 2024 at 12 Noon

School Reopens on Monday 8th April 2024

May Breaks

Monday 6th May 2024 (Bank Holiday)

Monday 27th May 2024: **Staff Training Day 5 (SDD 5)** School Closed to pupils

School Closes on Friday 28th June 2024 at 12 Noon.

Please note other Staff Training Days that teachers will complete during the year are incorporated into the pupil holidays. If there is any change to this we will let parents know as soon as possible.

Site Leadership Rota

Junior School : Monday, Wednesday, Friday – Mrs Wilders

Tuesday, Thursday - Miss J Doherty

Senior School: Monday, Wednesday, Friday – Miss J Doherty

Tuesday, Thursday – Mrs Wilders

In the event that the Principal or Vice Principal are not available Senior Leaders or any of the Middle Leadership Team will become available for consultation.

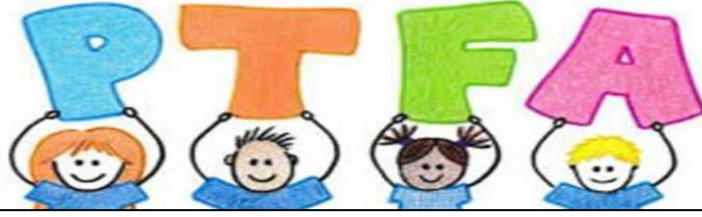


Staff Parking

There is a Car Park on each site for STAFF. Staff arrive at school from 8.20am approx. every morning right up to 9am. To this end, we respectfully request that the entrances to the STAFF Car Parks on each site are always kept clear so that staff can gain access to each site and get ready to start the day with our wee children!!

Parents/carers/ child minders/ taxi drivers etc may NOT enter the school car park for Health and Safety Reasons unless this has been prearranged with school management for a specific reason.





MESSAGE FROM PTFA RE Grand Christmas Draw 2023

Dear Parent Business/Community Provider,

We are holding a Christmas Draw again this year at St. Catherine's Nursery and Primary School. The purpose of this draw is to raise funds for the very worthy cause of our own children.

Therefore we are writing to you to invite sponsorship from your organisation for this event. This sponsorship can take any form at all as any contribution that you can make to us will be greatly appreciated indeed. We would be grateful if you are giving a sponsorship donation, if that could be given/ collected no later than

Friday 17th November so that we can organise advertising and the draw itself.

We realise that these are tough economic times but times when we are all challenged to continue to support and stand with each other in our community as much as possible.

We will give thanks by way of advertisement for any organisation who can give us any donation at all. This will be clearly advertised at the school and on school communications.

We would like to take this opportunity to thank you in advance for your consideration and support and to wish you well in your local business/ community organisation. If we can ever be of any support or assistance to you in any way at all, please do not hesitate to contact us.

Sincerely Yours in Community Spirit,

St. Catherine's Primary and Nursery School P.T.F.A.



Surestart Message of the Month

November 2023

Make our home language number one
So we can talk, play and have fun



Sing a rhyme anytime
Start your child learning
for a lifetime!

We are a Healthy Eating School in St. Catherine's.

Below are the list of foods that are acceptable / not acceptable for Healthy Eating Purposes.

If you have any concerns please consult your child's teacher.

<i>Foods we consider acceptable:</i>	<i>Foods that are not acceptable:</i>
Fruit (except kiwi)	Nuts or any other products with a nut content / trace
Fruit pots	Crisps
Rice pots	Sweets
Custard pots (not chocolate flavour)	Chocolate Bars
Jelly pots	Chocolate yoghurts
Vegetables (eg. carrot sticks / celery sticks)	Chocolate Muller Corners
Sandwiches (no chocolate spreads or no peanut butter)	Chocolate biscuits
Scones	Chocolate chip cookies
Wheaten bread	All cereal bars
Pitta bread	Square Bars
Tortilla Bread	Lunchables
Pancakes	Iced Buns
Croissants (no chocolate brioche)	Pepperami
Plain buns	Fruit Winders
Ryvita / crispbreads	
Yoghurts	
Plain biscuits: Rich Tea, Digestives, Plain Crackers and Belvita Plain Biscuits	
Cheese / Dairy Lea Triangles / Cheese Slices / Baby Bel / Cheese Strings	
Breadsticks / Pretzels	
Rice Cakes	
Snack a Jacks	

<i>Foods that are not acceptable:</i>	<i>Reason Why:</i>
Nuts or any other products with a nut content / trace	We have children with a nut allergy
Crisps	High fat and salt content
Sweets	High sugar content
Chocolate Bars, chocolate yoghurts, chocolate Muller Corners, chocolate biscuits and chocolate chip cookies	High sugar content and many brands of chocolate contain traces of nuts
All cereal bars and Square Bars	High in sugar and fat content
Lunchables	High sugar content
Iced Buns	High sugar content
Pepperami	High fat content
Fruit Winders	High sugar content

Healthy
Habits



St. Catherine's Nursery & Primary School

November 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Hallowe'en Break		1.	2.	3.	4. →
5.	6. School reopens Debutots begins: 11.20 – 12.00 NR2 12.45 – 1.25 NR1 Early Intervention Transfer Programme: 3 Year Check Nursery: 9am – 1.30pm SS Assembly Hall	7. Early Intervention Transfer Programme: 3 Year Check Nursery: 9am – 1.30pm SS Assembly Hall Morning Athletics Club P6 & P7: 8.15am – 8.45am	8. “My Perfect Day, Our Perfect Day” Programme – P7B (am) PTFA Junior School at 6.30pm Slimming World 5.30 – 7.30pm	9. 10am Nursery Schools for Hope: Session 1 with Parents SS Assembly Hall.	10.	11. SEAG Assessment Paper 1
12. 7pm Mass for Deceased Children – St Eugene's Cathedral, Derry	13. Parent Teacher Interviews Anti-Bullying & Democracy Week Debutots: NR2 11.20 – 12.00 NR1 12.45 – 1.25 Swimming P5B Week 2 7pm Do this in Memory Programme	14. E-Safety Workshops: P6 & P7	15. Diwali: Session 1 11am – 12pm P6A 12.45pm – 1.45pm P6B	16.	17. Debutots begins: Year 1 & LSC Nursery Schools for Hope: Session 2 Pupils only	18. →
19.	20. Early Intervention Transfer Programme: 3 Year Check Nursery: 9am – 1.30pm SS Assembly Hall	21. Early Intervention Transfer Programme: 3 Year Check Nursery: 9am – 1.30pm SS Assembly Hall	22. Whole School Flu Droplets JS & SS Diwali Session 2: 11am – 12pm P6A	23.	24. Nursery Schools for Hope: Session 3 Pupils only	25. SEAG Assessment Paper 2
26. National Cake Day 12 noon Do this in Memory Programme Enrollment Mass Church of Immaculate Conception	27. Swimming P5B Week 4	28. Morning Athletics Club P6 & P7: 8.15am–8.45am “My Perfect Day, Our Perfect Day” Programme –	29. Diwali Session 3 11am – 12pm P6A 12.45pm – 1.45pm P6B	30.	1. December Nursery Schools for Hope: Session 4 with Parents SS Assembly Hall. 10am NR1, 10.30 NR2	

Upcoming Events:

Nursery Open Afternoon: 05.12.23 at 1.30pm in Senior Site.

Year 1 Open Afternoon: 06.12.23 at 1.30pm in Junior Site

There is an opportunity to be found in every difficulty.



School Dinner Menu – November 2023 onwards (Please note that soup/ sandwiches are also available daily upon request if pupils do not wish to avail of the hot food choices)



EAT SMART WITH THE LUNCH BUNCH

ea catering
WEEK 1

Week commencing
AUG 28, SEPT 25, OCT 23,
NOV 20, DEC 18, JAN 22

MONDAY

MAIN COURSES

Spaghetti Bolognese

Or

Chicken Bites

SIDES

Baton Carrot/Salad

Mashed Potatoes

DESSERT

Banana Yoghurt Pot

TUESDAY

MAIN COURSES

Classic Margherita
Pizza

Or

Fish Goujon in Soft Shell
Taco & Zingy Tomato
Salsa

SIDES

Baked
Beans/Salad/Coleslaw

Chipped Potatoes/
Baked Potato

DESSERT

Strawberry Mousse &
Fruit

WEDNESDAY

MAIN COURSES

Lunch Bunch Chicken
Curry & Naan Bread

Or

Chicken Panini

SIDES

Garden Peas/Sweetcorn

Steamed Rice/Oven
Baked Wedges

DESSERT

Chocolate Sponge &
Custard

THURSDAY

MAIN COURSES

Roast of the Day

Or

Chicken Casserole

SIDES

Carrots & Parsnip/Savoy
Cabbage

Mashed Potatoes/Oven
Roast Potato

DESSERT

Strawberry Jelly, Ice
Cream & Fruit

FRIDAY

MAIN COURSES

Hot Dog

Or

Crispy Cod Fishcakes

SIDES

Tomato
Ketchup/Coleslaw/Salad

Chipped Potatoes/Baked
Potato

DESSERT

Fresh Fruit Pot &
Biscuit

MILK, WATER, BREAD AND
FRESH FRUIT AVAILABLE DAILY

MENU MAY CHANGE DUE
TO DELIVERY CHANGES

IF YOU REQUIRE ANY ADDITIONAL INFORMATION ON ALLERGENS OR
SPECIAL DIETS PLEASE CONTACT YOUR SCHOOL



EAT SMART WITH THE LUNCH BUNCH

ea catering
WEEK 2

WEEK COMMENCING:
SEP 04, OCT 02, OCT 30,
NOV 27, JAN 01, JAN 29

MONDAY

MAIN COURSES

Sausage Roll

Or

Sweet and Sour
Chicken

SIDES

Spaghetti Hoops &
Garden Peas

Chipped
Potatoes/Rice

DESSERT

Ice Cream, Chocolate
Sauce and Sliced Pears

TUESDAY

MAIN COURSES

Pasta Bolognaise with
Garlic Bread

Or

BBQ Chicken Pizza

SIDES

Sweetcorn/Salad

Oven Roasted
Potato Wedges

DESSERT

Zesty Orange Sponge
& Custard

WEDNESDAY

MAIN COURSES

Lunch Bunch Chicken
Curry & Naan Bread

Or

Salad filled Pitta with
Pulled Pork and Coleslaw

SIDES

Garden Peas

Rice

DESSERT

Fresh Fruit Salad
and
Yoghurt

THURSDAY

MAIN COURSES

Roast of the Day with
Stuffing & Gravy

Or

Poached Salmon

SIDES

Cauliflower or Broccoli
and Carrots

Mashed Potatoes/Oven
Roasted Potato

DESSERT

Blueberry
Muffin

FRIDAY

MAIN COURSES

Beef Burger in a Bap
with Tomato Ketchup

Or

Peppered Chicken &
Rice

SIDES

Sweetcorn/Salad

Chipped Potatoes/Rice

DESSERT

Flakemeal Biscuit &
Fruit

MILK, WATER, BREAD AND
FRESH FRUIT AVAILABLE DAILY

MENU MAY CHANGE DUE
TO DELIVERY CHANGES

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EAT SMART WITH **THE LUNCH BUNCH**

ea catering
WEEK 3

WEEK COMMENCING:
SEP 11, OCT 9, NOV 6,
DEC 4, JAN 8, FEB 5

MONDAY

MAIN COURSES

Golden Crumbed Fish
Fingers

Or

Mighty Mac 'n' Cheese
with Garlic Bread Slice

SIDES

Baked
Beans/Coleslaw

Chipped
Potatoes/Mashed
Potatoes

DESSERT

Artic Roll with
Peaches & Pears

TUESDAY

MAIN COURSES

Italian Beef with Crusty
Roll

Or

Pepperoni/Margherita
Pizza

SIDES

Garden Peas/Salad

Homemade Diced
Potatoes

DESSERT

Fresh Fruit Pot

WEDNESDAY

MAIN COURSES

Lunch Bunch Chicken
Curry & Naan Bread

Or

Steak Burger in a Bap &
Cheese

SIDES

Steamed Rice/Salad

DESSERT

Lemon Drizzle Cake &
Custard

THURSDAY

MAIN COURSES

Roast of the Day

Or

Savoury Mince

SIDES

Carrot &
Parsnip/Cauliflower
Cheese

Mashed Potatoes/Oven
Roast Potato

DESSERT

Melon Wedge

FRIDAY

MAIN COURSES

Tasty Pork Sausages
with Tomato
Ketchup/Gravy

Or

Salt N Chilli Chicken
Wrap with Garlic
Mayo
SIDES

Mini Corn on the
Cob/Spaghetti Hoops

Chipped
Potatoes/Mashed
Potatoes

DESSERT

Decorated Fairy Cake

MILK, WATER, BREAD AND
FRESH FRUIT AVAILABLE DAILY

MENU MAY CHANGE DUE
TO DELIVERY CHANGES

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EAT SMART WITH **THE LUNCH BUNCH**

ea catering
WEEK 4

WEEK COMMENCING:
SEP 18, OCT 16, NOV 13,
DEC 11, JAN 15, FEB 12

MONDAY

MAIN COURSES

Beef Bolognese with
Garlic Bread

Or

Cod Fishcakes with
Tartare Sauce

SIDES

Garden Peas

Oven Baked Potato
Wedges

DESSERT

Melon, Mandarin &
Pineapple Pots with
Yoghurt Dip

TUESDAY

MAIN COURSES

Ham & Cheese Pizza or
Pepperoni with Garlic
Dip

Or

Tex Mex Beef & Veg
Enchilada

SIDES

Sweetcorn and Red
Pepper/Coleslaw

Chipped
Potatoes/Baked Potato

DESSERT

Jelly & Mandarin
Oranges

WEDNESDAY

MAIN COURSES

Lunch Bunch Chicken
Curry & Naan Bread

Or

BBQ Chicken Wrap with
Crunchy Salad

SIDES

Green Beans

Steamed Rice

DESSERT

Cornflake Tart &
Custard

THURSDAY

MAIN COURSES

Roast of the Day

Or

Stuffed Chicken

SIDES

Broccoli/Turnip

Mashed Potatoes/Oven
Roast Potato

DESSERT

Ice Cream, Pears &
Chocolate Sauce

FRIDAY

MAIN COURSES

Oven Baked Chicken
Goujons

Or

Sweet Chilli Chicken
Panini

SIDES

Salad/Baked Beans

Chipped
Potatoes/Mashed
Potatoes

DESSERT

Homemade Ginger
Biscuit and Fruit

MILK, WATER, BREAD AND
FRESH FRUIT AVAILABLE DAILY

MENU MAY CHANGE DUE
TO DELIVERY CHANGES

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SPECIAL DIETS PLEASE CONTACT YOUR SCHOOL