

# St. Catherine's Nursery School

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## WEEKLY NOTE - Monday 8th October 2018

Check us out on our website: [www.stcatherinesps.co.uk](http://www.stcatherinesps.co.uk)

Download Our **FREE** School App

St Catherines PS, Strabane



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## Reconstitution of the Board of Governors of St. Catherine's PS

We are at present reconstituting the Board of Governors for our school and as a result we invite Nominations from any parents who would be interested in becoming a parent Governor in our school. You can collect a nomination form at the school office on either site. Any parent who wishes to be a Governor must have a child currently enrolled at the school. Please read, complete and return to the school office no later than Friday 12th October. Any nominations after this date can not be counted.



*God bless you all! Bridget Wilders, Principal*

# **St. Catherine's and NWRC (North West Regional College) join forces to create "Spooktacular" Hallowe'en Hay Sculptures**

Derry City and Strabane District Council have been encouraging Community Groups, Youth Groups, Farmers and Businesses in the Strabane Area to take part in this year's Celebrations for Hallowe'en by creating Hallowe'en Themed Hay Sculptures that will form part of a Hallowe'en Trail at this year's festival.

Last year saw visitors and locals driving around the district as spooky figures emerged from the landscape including over sized spiders, bats, aliens and skeletons.

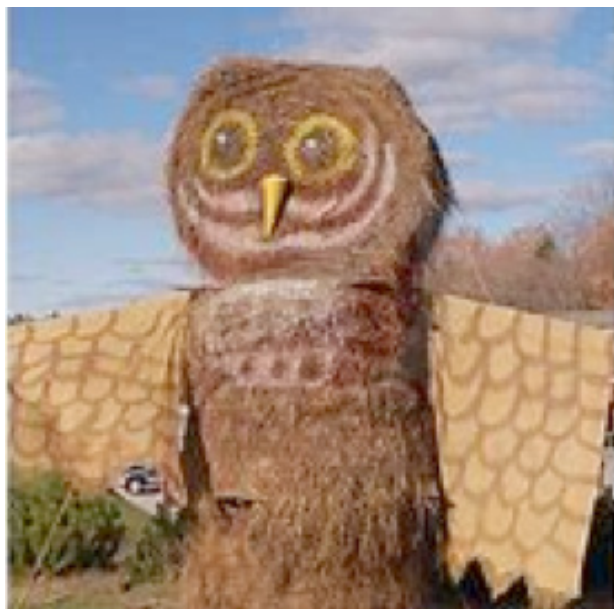
Students studying on the joinery and early years courses at the NWRC Strabane Campus launched the Hay Sculpture Project with St. Catherine's PS on 8th September in support of National Literacy Day. The project is designed to help celebrate the National Literacy Trust's 25

Year Anniversary by encouraging Pupils of all ages to read more. Year 1 -4 Pupils from St Catherine's PS have been drawing characters from Julia Donaldson's "Room on the Broom" and in pupils in Years 5-7, some of the key characters from Harry Potter.

The winning designs from each category are being turned into the final sculptures and will be set in the grounds of the NWRC Strabane Campus for all the children and their families to come along and view. We are truly delighted to be taking part with NWRC and have no doubt that this exhibition in Strabane Campus will be a joy to see and will mean so much to our children!

So look out for the Hay Sculptures in Strabane Campus Derry Road this Hallowe'en!

**Previous Hay Sculptures...can't wait for this year's sculptures designed by our pupils!**



# Keeping Fit and Helping Others

## Fun Fitness Event

As you may be aware, Funding opportunities for ourselves and many other groups is being greatly reduced or even cut altogether. Mrs Daljeet Guram and Strabane Ethnic Community Association have been coming in to our school for many years in order to educate our children on the Indian Culture and explain the true meaning of the Diwali Festival. This has been such a fabulous experience for our children every year. The programme is totally multicultural and filled with fun, education and dance as part of the delivery. This has always been given at absolutely NO COST to the school or our children. This year Strabane Ethnic Community have informed us that their funding has been greatly reduced. Despite this they are still running the fantastic Diwali Programme in school and will have the Diwali Celebration St. Patrick's Hall on Thursday 25th October, Our children love their multicultural Diwali Programme and it was felt that it would be a good idea to try to raise some funds for Strabane Ethnic Community to say a great big thank you for years of service to our school.

We will also make a donation to FPIES UK in support of children with Food Allergies. We have several children in school who have Food Allergies.

FPIES UK supports and advises families dealing with a specific food protein induced enterocolitis syndrome

Joe's Body Works Team will come in to school to complete the Fun Event with our children. We are truly grateful for the support of Joe and his team.

To this end, we are organising a fun sports session in school called "Keeping Fit



and Helping Others! which will take place in school on Wednesday 17th, Thursday 18th and Friday 19th October. This will involve every child in the school from Nursery to Year 7! Each child will receive a sponsor sheet to be sponsored to take part in this exciting Physical Fitness Event. We have organised sponsored events like this before in school and the children thoroughly enjoy them!

Your child will receive a sponsor sheet this week for the event. We would appreciate it if each child gets as many sponsors as they can from family and friends for this event. All money raised (no matter how much or how little) will go towards Strabane Ethnic Community Association and FPIES UK in support of children with Food Allergies.

We would appreciate it if all sponsor sheets and money could be returned to school by Monday 22nd October.

We thank you in advance for your ongoing support for our wee school and pupils!

If your child did not receive a sponsor form please ask the class teacher!





# St. Catherine's

Nursery & Primary School, Strabane

*Why not join us for  
a seasonal celebration  
for all the family to enjoy*

# Christmas CRAFT FAIR

*Thursday 15th November*

*from 6.00-9.00pm*

Cost  
**£10**  
per table

## CALLING ALL CRAFTERS

Any talented crafters that  
would be interested in taking  
a table please contact  
any member of the PTFA

Final date  
for tables  
6th  
November

*All proceeds in aid of St. Catherine's Nursery & Primary School, Strabane*

Event organised by St. Catherine's P.T.F.A.



# Handwashing to prevent the spread of Infections

We have been advised by the Public Health Agency to promote and encourage children to wash their hands thoroughly before and after food and also after using the toilet. This is crucial to try to prevent the spread of infection in school and at home. We also suggest that children's nails are kept short so that bacteria cannot get a chance to lodge underneath the nails. Finally we ask that girls also do not wear nail polish in school as this can chip off and get into food etc. We thank you for your support and cooperation in this matter.

## Let's Wash Our Hands!

Whooshy washy!  
Wet our hands  
Under running water  
Add some soap and  
Rub them hard  
Don't miss any part!  
Between our fingers  
Under the nails  
Rid germs without fail  
Front and back  
And round the wrist  
No germs will be missed!  
They may hide  
But we shall seek  
So we will not fall sick!  
Splishy splashy  
Bye bye germs  
Down the drain they squirm  
With clean towels  
We dry our hands  
Now let's show our friends!

1 Palm to palm  
2 Between fingers  
3 Back of hands  
4 Base of thumbs  
5 Back of fingers  
6 Fingernails  
7 Wrists  
8 Rinse and wipe dry

Remember to wash our hands:

- After using the toilet
- After sneezing or coughing
- After playing with pets
- After sports or playing outside
- Before eating

Health Promotion Board

## Book Week 2018

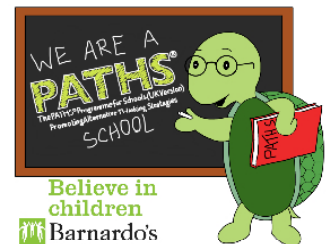
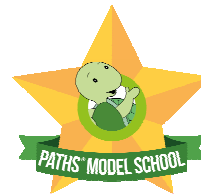
Many thanks to all the parents who supported their children and their participation in Book Week so well last week. The sheer effort that you all put into this week and the children's costumes were just amazing not to speak of taking your children to the Book Fair to get their book treats. Thanks again for helping us to provide better educational opportunities for your children!



# PATHS Programme in St. Catherine's (Promoting Alternative Thinking Strategies)

## PATHS Quote of the Month - October

***Remember that there are many kinds of compliments.  
Compliments can be about how a person looks, the things  
they have, the things they do, and the way a person is.  
Challenge yourself to give at least one of each of these  
compliments today***



## Hallowe'en Mid Term Break

School will be closed from Monday – Friday on Week Beginning Monday 29th October until Friday 2nd November. School will reopen as usual on Monday 5th November.

We take this opportunity to wish everyone a lovely Hallowe'en Mid Term Break and enjoy quality family time together!

## PTFA Hallowe'en School Disco

Our PTFA is hosting a Disco for our children on Friday 26th October in school. Admission to the Disco is £1. there will also be a tuck shop at the disco. Children should wear their Hallowe'en Costumes on this day.





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# Prayer of the Month - October

## The Night Prayer



*God, our Father I come to say  
Thank you for your love today.  
Thank you for my family,  
And all the friends you give to me,  
Guard me in the dark of night,  
And in the morning send your light,  
Amen*

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## School Photographer

Our school photographer will be in school to take our children's photographs on ....

Wednesday 17th October, Thursday 18th October and Friday 19th October.

