



## Top Tips for Parents

Tuesday mornings (9:15 am - 10:15 am) at St Catherine's Primary School, Strabane



Come along for a cuppa and find out more about these topics:

17 Sept 2019: Friendship Skills

24 Sept 2019: Managing Behaviour

1 Oct 2019: Promoting Independence

8 Oct 2019: Managing Emotions

15 Oct 2019: Improving Communication

22 Oct 2019: Building Resilience



Ring freephone 0808 8010 722 to book a place or just turn up on the morning.