**PATHS Quote of the Month - May PATHS Programme in**

**St. Catherine’s**

**(Promoting Alternative Thinking Strategies)**

***Good manners are GOOD for you!***

***They almost always come with a smile and sometimes even a hug.***

***They are like boomerangs, when you send them out with good intentions, they nearly always come back the same way.***

***Send out your good manners today!***