

29/11/2023

Dear Principal,

It's time for the next edition of HIGH FIVE, the fortnightly magazine produced by Primary Behaviour Support and Provisions (PBS&P), packed full of good ideas to inspire, support and challenge all our young people to be the best they can be. The magazine content is based on Take 5 Steps to Wellbeing and follows the nurture principles and trauma informed approach outlined in the updated SEN Resource file chapter; *Working with the Whole Community to Understand, Nurture and Support Social Behaviour and Emotional Wellbeing* (<https://www.education-ni.gov.uk/publications/resource-file-children-special-educational-needs>)



Our High Five challenge in this issue is to **be motivated**. We are motivated every day – it's what makes us get out of bed in the morning! Take time this week to reflect with your pupils on the different types of motivators in our lives and consider the positive real life consequences to tasks rather than artificial rewards. [High Five Newsletter Issue 69 - Be Motivated](#)

As we approach the Christmas break I would like to signpost you to the High Five C2k Resource Hub where you will find dates of upcoming referral meetings along with telephone advice and support helpline



Christmas closure dates. [Request Support \(google.com\)](#)

Each new HIGH FIVE issue is posted to the C2K noticeboard and EA website as well as the EA twitter and Facebook accounts; please feel free to share or retweet these posts.

If you have any photos or stories of your school engaging with activities from the magazine we would love to see them. Please share them at primarybsp.enquiries@eani.org.uk or tag us in social media posts X (Twitter): @Ed_Authority; Facebook: @educationauthorityni; Instagram: @educationauthority and include #EAHighFive.

If your school would like to share a Take 5 activity with High Five C2k Resource Hub follow the link: <https://forms.office.com/r/QWhrNjbpm5>

Thank you for your ongoing support to the work of the service.

Yours sincerely,



“To inspire, support and challenge all our Children and Young People to be the best that they can be.”

Education Authority – Primary Behaviour Support & Provisions

Silverwood Centre| Lough Road| Lurgan| Co Armagh| BT66 6LX T: +44 (0)2838 314450

Andrea Kelly

Head of Service: Primary Behaviour Support & Provisions

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