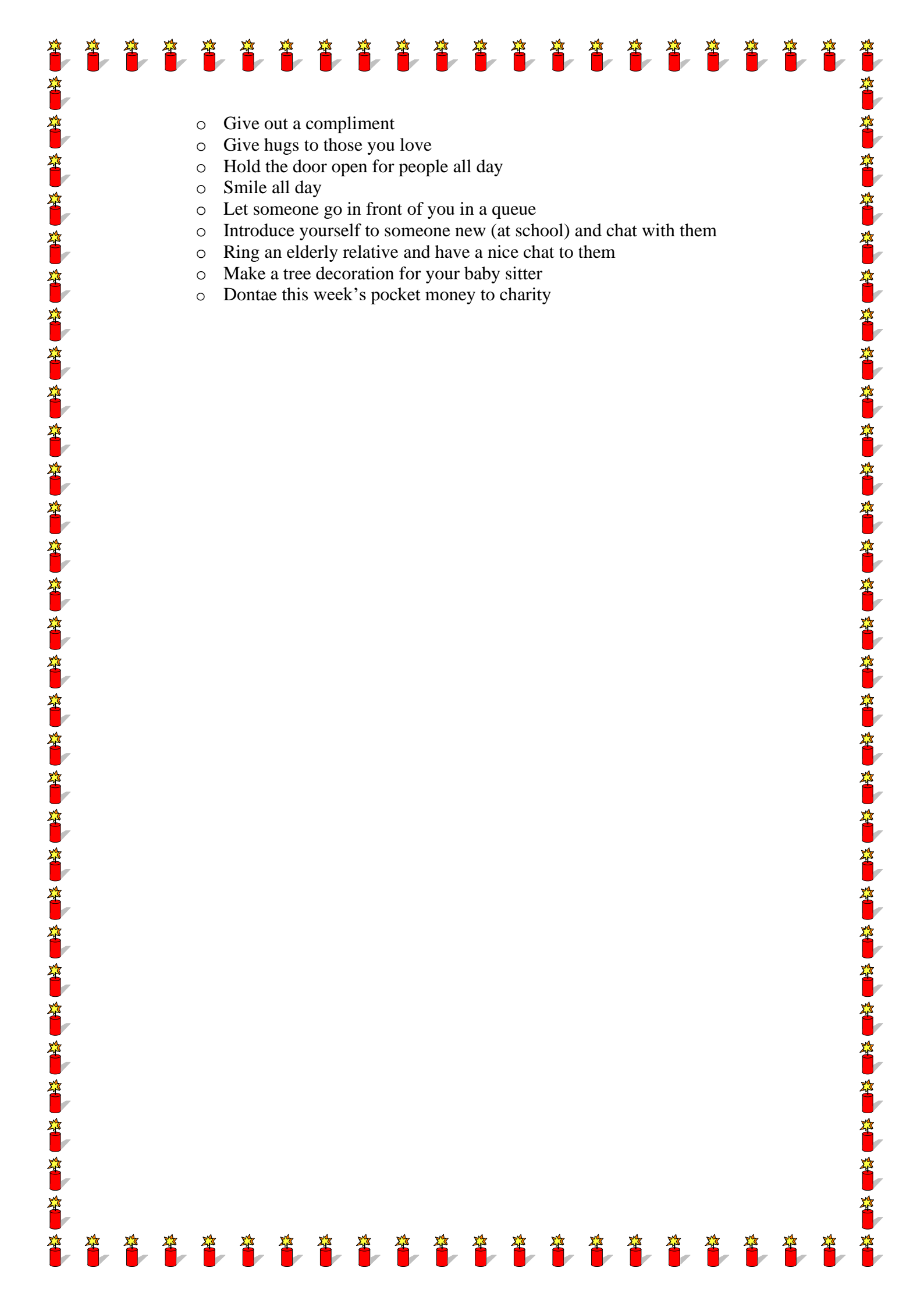


## Advent Sprit Filled Acts of Kindness

*'For it is in giving that we receive' (St Francis of Assisi)*

- Donate to the local food bank
- Make Christmas cards for your neighbours
- Leave change in the vending machine
- Sort through your toys or belongings and donate any that you no longer need to charity or your local church
- Leave chalk messages around where you live
- Sharpen all the pencils in the classroom at break time
- Write a letter to your sibling telling them why you love them
- Leave a beautiful homemade bookmark in your library book and give one to the Librarian
- Donate a jumper or coat to charity (leaving a happy note in the pocket)
- Leave the pound in the shopping trolley next time you go to the supermarket
- Deliver cookies to your neighbours
- Tidy your bedroom
- Write a note and mail them to the houses with great Christmas lights saying thank you for lighting up their house for you to see
- Sit next to someone you normally don't at lunch and be nice to them
- Be a friendly helper – volunteer to deliver local Christmas cards
- Make a bird feeder
- Send a care package to someone overseas
- Find three toys/items to give to the local children's hospital
- Pass on some of your books to friends
- Give a lottery ticket to a stranger
- Donate books to your school library
- Leave out water for the birds
- Write thank you cards for your teacher, coach, leader or people that have influenced you in a positive way
- Clean up the area where you live by picking up litter.
- Help round the house without being asked to
- Donate pet food to a local shelter
- Put together a shoebox for your local appeal
- Write a thank you note for the bin collectors and post person
- Wash your parents car
- Give a homeless person a blanket
- Deice your neighbours windshields in the morning
- Take everyone in your class a candy cane or cookie
- Take chocolates to your nearest nursing home
- Make a Christmas card for the school receptionist
- Offer to help an elderly friend or neighbour with their Christmas decorations
- Make Christmas flowers for the reception at school
- Make a thank you card for the school crossing staff
- Cook dinner for your family
- Offer to pack the shopping bags of the person in front of you and behind you at the supermarket
- Invite a new friend for a play date or out for a coffee
- Walk someone else's dog

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- Give out a compliment
  - Give hugs to those you love
  - Hold the door open for people all day
  - Smile all day
  - Let someone go in front of you in a queue
  - Introduce yourself to someone new (at school) and chat with them
  - Ring an elderly relative and have a nice chat to them
  - Make a tree decoration for your baby sitter
  - Dontae this week's pocket money to charity