



Extended Schools Newsletter
St Catherine's Primary School
Term One 2023 2024



**After School
Clubs**



This year in St Catherine's we continue have some exciting and wonderful after school clubs planned for our school. Funding was compromised last year, however a decision to withdraw funding was overturned and we are delighted to offer as many clubs as we can! These clubs will be planned for all year groups from Primary 1- Primary 7 throughout the year.

Every term there will be a newsletter sent out that will detail the exact clubs that will run for that term and what year groups they are available for.

Our aim is to provide quality after school's activities for all our pupils in every year group. We feel that our younger pupils from Year 1 and Year 2 benefit most from a period of settling in during the first term. We aim to facilitate quality after school's activities for these year groups during term two. Keep an eye out for our Extended Schools newsletter at the beginning of term two for all the information regarding after school's activities for our younger pupils !

We really do hope to see all the children take advantage of these fantastic after school's clubs throughout the year.

In Term 1 the clubs are;

- **Breakfast Club – Monday to Friday ...8.30 – 9.00am on both sites.**
- **Family Club – Years 1 and 2 Monday – Thursday ...2.15 – 3.00pm.**
 - **Year 2 begin Monday 4th September.**
 - **Year 1 begin Monday 25th September**
- **Soccer Club for Years 7,6 and 5 Boys (Thursdays 3pm-4pm Senior Site) beginning – Monday 2nd October..... Please see rota attached.**
- **Netball Club for Years 7,6 and 5 Girls (Mondays 3pm-4pm Junior Site) beginning – Thursday 6th October..... Please see rota attached.**
- **Mindfulness (RelaxKids) for Year 6 – during school**
- **Booster Club (Literacy and Numeracy) for Year 7 – Monday 18th Sept – Monday 23rd October (6 weeks)**

- **Rugbytots**
 - **Year 4** (Thursday 14th September – Thursday 5th October INCLUSIVE)
 - **Year 3** (Thursday 12th October – 9th November INCLUSIVE) – 3-4pm (Junior Site) – 4 week block each

- **Walking Club –**
 - **Year 5** – (3-4pm Senior Site – Wednesday 27th September – 18th October – 4 Weeks, facilitated by Mrs C Connolly)
 - **Year 4** – (3-4pm Junior Site – Wednesday 27th September – 18th October – 4 Weeks, facilitated by Miss B Kelly)

Attached to this newsletter is each club's permission slip. The permission slips detail the exact date the club starts and the length of time that they run for. If you wish your child to take part in any of these clubs please fill in the permission slip and return it to the school.

Thank you for your continued support

Mrs B Wilders

Principal

Years 7 and 6 Boys and Girls Soccer/Netball and Fundamental Movement Club

Soccer/Netball and fundamental movement club will run for Years 6 and 7 boys and girls beginning Monday 2nd October for 6 weeks for each year group. This club will be run by Mr M. Gormley and will take place on the Senior Site.

This is a fun and worthwhile club, where the children will learn and develop new skills and take part in exercise.

Please note, pupils should come to school dressed in P.E gear on the days that they are taking part in the club.

Year Group	MONDAY Boys Senior School	THURSDAY Girls Senior School
Year 7		
Week 1	02-10-23	05-10-23
2	09-10-23	12-10-23
3	16-10-23	19-10-23
4	24-10-23	26-10-23
5	06-11-23	09-11-23
6	13-11-23	16-11-23
Year 6		
Week 1	20-11-23	23-11-23
2	27-11-23	30-11-23
3	04-12-23	07-12-23
4	18-12-23	21-12-23
5	15-01-24	18-01-24
6	22-01-24	19-01-24

Years 6, 7 Boys and Girls Soccer/ Netball / Fundamental Movement Club

I would like/ not like my child to gain a place in the Soccer and fundamental movement club.
I understand that places are being allocated on a first come first served basis.

Signed:

Parent/Guardian of :.....

Class:.....

Please let us know which class your child is in by putting a circle around it below

Year 6a class Miss Keyes

Year 6b class Mrs Deery

Year 7a class Mrs Gillespie

Year 7b class Mrs Daly

Year 7 Literacy/Numeracy Booster Club

Literacy/Numeracy Booster Club will begin for Year 7 on Monday 18th September for 6 weeks. This club will be run from 3.00pm – 4.00 pm. This club will be facilitated by Mrs B. Daly and Mrs. C. Gillespie . It is a wonderful and worthwhile after school club, where the children have the opportunity to consolidate learning and improve their literacy and numeracy skills. We really hope this club will be of benefit for your child.

Year 7 Literacy/Numeracy Booster Club

I would like / not like my child to gain a place in the Literacy/Numeracy Booster Club starting on Monday 18th September . I understand that places are being allocated on a first come first served basis.

Signed:

Parent/ Guardian of:

Class:

Please let us know which class your child is in by putting a circle around it below.

Year 7a class Mrs C Gillespie

Year 7b class Mrs B Daly

Year 6 RelaxKids Mindfulness

Mindfulness sessions will be available for Year 6 children in Term 1 (dates to be confirmed).
This club will be facilitated during class time.

The benefits of mindfulness for children include..

- Strengthening of self control
- Lowers anxiety and stress
- Increases positive moods
- Better decision making
- Improves emotional regulation skills
- Increases self esteem
- Improves social skills and communication

We really hope this club will be of benefit for your child.

I would like / not like my child to gain a place in RelaxKids Mindfulness sessions.

Signed:

Parent/ Guardian of:

Class:

Please let us know which class your child is in by putting a circle around it below.

Year 6a class Mrs Deery

Year 6b class Miss Keyes

Year 5 Walking Club

A fun Walking Club will begin for Year 5 on Wednesday 27th September for 4 weeks on the Senior site. This club will be run from 3.00pm – 4.00 pm. The club will be facilitated by Mrs C. Connolly.

It is a wonderful and worthwhile after school club, where the children have the opportunity to participate in a healthy activity which in turn will assist with mindfulness and wellbeing. We really hope this club will be of benefit for your child.

Year 5 Walking Club

I would like / not like my child to gain a place in the Walking Club starting on Wednesday 27th September. I understand that places are being allocated on a first come first served basis.

Signed:

Parent/ Guardian of:

Class:

Please let us know which class your child is in by putting a circle around it below.

Year 5a class Ms. C. Gallagher /Mrs Gormley

Year 5b class Miss A. Kerr/ Mrs. S.O’Kane

Year 4 Walking Club

A fun Walking Club will begin for Year 4 on Wednesday 27th September for 4 weeks on the Junior site. This club will be run from 3.00pm – 4.00 pm. The club will be facilitated by Ms. B. Kelly

It is a wonderful and worthwhile after school club, where the children have the opportunity to participate in a healthy activity which in turn will assist with mindfulness and wellbeing. We really hope this club will be of benefit for your child.

Year 4 Walking Club

I would like / not like my child to gain a place in the Walking Club starting on Wednesday 27th September. I understand that places are being allocated on a first come first served basis.

Signed:

Parent/ Guardian of:

Class:

Please let us know which class your child is in by putting a circle around it below.

Year 4a class Miss E. Mathers

Year 4b class Ms B. Kelly

Year 4 ‘RugbyTots’

‘RugbyTots’ will begin for **Year 4A on Thursday 15th September (For 4 weeks)** and **Year 4B on Thursday 12th October (For 4 weeks)** on the Junior site. This club will be facilitated from **3.00pm – 4.00 pm**. The club will be facilitated by Mr Aaron Logan, a professional and accredited coach.

These fun, structured play sessions take children on a journey of sporting imagination with engaging and energetic coaches supporting them every step of the way whilst teaching how to catch, pass, kick, run with the ball and play as part of a team.

Our motto is simple; "make it more fun". We do this by delivering our specifically designed programme for each age group with energy, enthusiasm and excitement. This creates an atmosphere in the class that is totally unique and engaging for parents and children alike."

"Be prepared to run across the jungle, wade through the quick sand or sprint through Rugbytots Valley avoiding all the smoking boulders. Get ready to protect your egg, launch a missile or attack the pirates and seize the ship, all this of course, whilst trying to avoid the evil side lines!"

Year 4 RugbytotsClub

I would like / not like my Year 4 child to gain a place in the Rugbytots Club starting on Thursday 15th September for YEAR 4A PUPILS and on Thursday 12th October for YEAR 4B PUPILS. I understand that places are being allocated on a first come first served basis.

Signed:

Parent/ Guardian of:

Class:

Please let us know which class your child is in by putting a circle around it below.

Year 4 A Miss E. Mathers

Year 4 B Ms B. Kelly

Year 3 ‘RugbyTots’

‘RugbyTots’ will begin for **Year 3A on Thursday 9th November (For 4 weeks)** and **Year 4B on Thursday 7th December (For 4 weeks)** on the Junior site. This club will be facilitated from **3.00pm – 4.00 pm**. The club will be facilitated by Mr Aaron Logan, a professional and accredited coach.

These fun, structured play sessions take children on a journey of sporting imagination with engaging and energetic coaches supporting them every step of the way whilst teaching how to catch, pass, kick, run with the ball and play as part of a team.

Our motto is simple; "make it more fun". We do this by delivering our specifically designed programme for each age group with energy, enthusiasm and excitement. This creates an atmosphere in the class that is totally unique and engaging for parents and children alike."

"Be prepared to run across the jungle, wade through the quick sand or sprint through Rugbytots Valley avoiding all the smoking boulders. Get ready to protect your egg, launch a missile or attack the pirates and seize the ship, all this of course, whilst trying to avoid the evil side lines!"

Year 3 Rugbytots Club

I would like / not like my Year 3 child to gain a place in the Rugbytots Club starting on Thursday 9th November for YEAR 3A PUPILS and on Thursday 7th December for YEAR 3B PUPILS. I understand that places are being allocated on a first come first served basis.

Signed:

Parent/ Guardian of:

Class:

Please let us know which class your child is in by putting a circle around it below.

Year 3a class Miss M Maguire

Year 3b class Mrs S Vaughan/ Mrs L Downey