

Personal Development and Mutual Understanding

Personal Development and Mutual Understanding (PD&MU) focuses on encouraging each child to become personally, emotionally and socially effective, to lead healthy, safe and fulfilled lives and to become confident, independent and responsible citizens, making informed and responsible choices and decisions throughout their lives.

The purpose of Personal Development and Mutual Understanding as a separate Area of Learning within the primary curriculum is to provide the opportunity for specific attention to be given to emotional development, health and safety, relationships and the development of moral thinking, values and action.

Personal Development and Mutual Understanding also has implications beyond the curriculum for school ethos, the pastoral care system, the school's discipline policy and relationships within the school and beyond. Through Personal Development and Mutual Understanding children can develop:

- self confidence and self esteem as individuals and a spiritual appreciation of their uniqueness,
- insights into their own emotions, attitudes and moral values and how they are formed,
- understanding of the benefits and the importance of a healthy lifestyle,
- insights into society, other cultures and the environment, our interdependence and the need for mutual understanding and respect,
- their ability to use these insights to contribute to relationships, family life, the local and global community and the environment,
- an awareness of the immense value of personal and interpersonal skills in future life and employment contexts.