

St Catherines

2017 - 2018

school food

Try Something New today

www.schoolfoodni.com

Bread, salad, fruit, yoghurt, milk and water are available daily.

If you require any additional information on allergens or special diet please contact the school in the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One Nov 20th Dec 18th Jan 22nd Feb 19th Mar 19th	H/M Soup & Sandwiches Oven Baked Sausages Irish Stew Baked Beans / Carrots Salad Chips / Mashed Potatoes Decorated Sponge / Fruit Custard	H/M Soup & Sandwiches Chicken Curry & Rice Salmon Fish Cakes Peas / Salad Mashed Potatoes Parsley Sauce Flakemeal Biscuits / Fruit Custard (RMF)	H/M Soup & Sandwiches Roast Meat Dinner Stuffing & Gravy Dry Oven Roast / Creamed Potatoes Cabbage / Carrots Fruit Salad Artic Roll (H)	H/M Soup & Sandwiches Spaghetti Bolognaise Chicken Pie Potato / Scone Topping / Salad Broccoli & Carrots Mashed Potatoes Fruit Muffin / Fruit Custard (H)	H/M Soup & Sandwiches H/M Chicken Goujons Savory Wraps / Baguettes Paninis / Salad Green Beans Herb Dice / Mashed Potato Semolina / Fruit Crackers & Cheese (RMF)
Week Two Nov 27th Jan 1st Jan 29th Feb 26th Mar 26th	H/M Soup & Sandwiches Chicken Curry & Rice Cottage Pie Mixed Vegetables / Salad Mashed / Baked Potato Decorated Mousse Fruit / Ice Cream (H)	H/M Soup & Sandwiches Oven Baked Sausages Cheese & Tomato Pizza Baked Beans / Broccoli Oven Dice & Baby Boiled Potatoes / Salad Rice Pudding & Fruit Cheese & Biscuits (RMF)	H/M Soup & Sandwiches Roast Meat Dinner Stuffing & Gravy / Salad Dry Oven Roast / Creamed Potatoes Baton Carrots / Cabbage Wholemeal Biscuits Fruit & Custard (H)	H/M Soup & Sandwiches Oven Baked Fish Cheese / Chicken Paninis Peas / White Sauce Salad Mashed Potatoes Fruit Muffin / Fruit Custard (RMF)	H/M Soup & Sandwiches Home Made Beef Burger & Bap / Salad Savoury Pasta Bake Sweetcorn / Green Beans Chips / Mashed Potato Fruit Sponge / Fruit Custard
Week Three Nov 6th Dec 4th Jan 8th Feb 5th Mar 5th Apr 2nd	H/M Soup & Sandwiches Spaghetti Bolognaise Oven Baked Chicken Nuggets Carrots / Salad Baby Boiled / Mashed Potato Jelly & Fruit Ice Cream	H/M Soup & Sandwiches Filled Baguettes / Paninis O/B Beef Burgers & Onion Gravy / Salad Peas & Sweetcorn Herb Dice / Mashed Potato Fruit Cookies / Fruit Custard (H)	H/M Soup & Sandwiches Roast Chicken / Turkey Stuffing & Gravy Dry Oven Roast / Creamed Potatoes / Gravy Cabbage & Carrots Fruit Sponge / Fruit Custard (RMF) (H)	H/M Soup & Sandwiches Chicken Curry & Rice Oven Baked Fish Sweetcorn / Peas Mashed Potatoes / Salad Fruit Salad Custard (RMF)	H/M Soup & Sandwiches Hot Dogs Lasagne Baked Beans / Carrots Tossed Salad / Coleslaw Chips / Mashed Potato Wholemeal Biscuits Fruit / Custard
Week Four Nov 13th Dec 11th Jan 15th Feb 12th Mar 12th	H/M Soup & Sandwiches Oven Baked Fish Savory Pizza Green Beans / Mixed Vegetables / Salad Mashed / Baked Potato Fruit Sponge / Fruit Custard (RMF)	H/M Soup & Sandwiches Oven Baked Sausages Pasta Bake Baked Beans / Peas & Corn Salad Chips & Mashed Potatoes Flakemeal Biscuits / Fruit Custard (RMF)	H/M Soup & Sandwiches Roast Meat Dinner Stuffing & Gravy Dry Oven Roast / Creamed Potatoes / Salad Turnips / Carrots Fruit Crumble / Sponge Custard / Fruit (H)	H/M Soup & Sandwiches Beef Burger & Bap Chicken Curry & Rice Mixed Vegetables Oven Dice / Mashed Potatoes / Salad Fruit Muffin / Fruit Custard (H)	H/M Soup & Sandwiches Home Made Chicken Goujons Cottage Pie Broccoli / Carrots Mashed Potato Rice Pudding / Fruit Frozen Yoghurt / Fruit

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